

**Name: Rinat Lifshitz**

**Date: 07.2022**

## **CURRICULUM VITAE**

### **1. Personal Details**

Permanent Home Address: Boxer 20, Ness-Ziona 74057, Israel

Cellular Phone: 972-54-5443726

Electronic Address: [rinatli@openu.ac.il](mailto:rinatli@openu.ac.il)

### **2. Higher Education**

#### **A. Undergraduate and Graduate Studies**

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Degree</b>	<b>Year of Approval of Degree</b>
1992 - 1995	Ben-Gurion University of the Negev, Israel Behavioral Studies (Psychology, Sociology and Anthropology) Cum Laude	B.A.	1996
1995 - 1998	Tel Aviv University, Israel Labor Studies Cum Laude	M.A.	2011
1998 - 2000	Webster University, U.S.A, Management Summa Cum Laude	M.A.	2000
2010 - 2011	Tel Aviv University, Israel Labor Studies Thesis Dissertation completion Cum Laude	M.A.	2011
2013 - 2016	Ben-Gurion University of the	Ph.D	2017

	Negev, Israel Public Health (Gerontology) and Communication Studies		
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### **B. Post-Doctoral Studies**

<b>Period of Study</b>	<b>Name of Institution, Department and Host</b>	<b>Degree</b>	<b>Year of Completion</b>
2016 - 2018	Tel-Aviv University, Israel, Herczeg Institute on Aging Host: Prof. Dov Shmotkin	Post-Doc	2018

### **C. Professional Education (Non-Academic)**

<b>Period of Study</b>	<b>Name of Institution and Department</b>	<b>Program Topic</b>
2006 - 2007	Gevim – Mediation Education Center Herzeliia	Mediation - Basic course
2007 - 2008	Gevim – Mediation Education Center Herzeliain in collaboration with Israel Ministry of Justice	Practicum in Mediation – advance training course

### **3. Academic Ranks and Tenure in Institutes of Higher Education**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
2002 - present	The Open University of Israel Department of Management and Economics	Lecturer

2020 - present	The Open University of Israel Department of Management and Economics	MBA course coordinator
2017 - present	Ben-Gurion University of the Negev, Israel Public Health (Gerontology)	Lecturer
2016 - 2018	Tel-Aviv University, Israel Herczeg Institute on Aging	Research Fellow

#### **4. Offices in Academic Administration**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
2020 - present	The Open University of Israel Department of Management and Economics	MBA course coordinator - Current issues in HRM
2019 - present	Ben-Gurion University of the Negev, Israel Public Health (Gerontology)	Internship coordinator – Managing nursing homes

#### **5. Scholarly Positions and Activities outside the Institution**

<b>Dates</b>	<b>Name of Institution and Department</b>	<b>Rank/Position</b>
2013 - present	Israel Communication Association (ISCA)	Membership
2013 - present	Israel Gerontological Society (IGS)	Membership
2018	A working group on "Transgenerational Transmission of Trauma in Descendants of Victims of Nazi Persecution"	Co - investigator

	Cologne, Germany Founded by the Foundation of Remembrance, Responsibility and Future, and the Federal Foreign Office in Germany	
2018 - 2020	The National Palliative Care Program in Israel - Israel Ministry of Health, Department of Geriatrics in collaboration with Eshel Joint - Israel	Head of training programs for health professionals
2020 - present	The Kappy and Eric Flanders National Palliative Care Resource Centre Ben-Gurion University of the Negev	Co - investigator
2020 – present	Israel Ministry of Health	Co - investigator
2021 - present	Tmicha - Israel Association for Palliative Care	Member in Administration board
2022	German - Israeli Minerva School “Social networks and health inequalities in ageing societies”.	Co - investigator

## **6. Participation in Scholarly Conferences**

### **Active Participation**

#### **International Conferences**

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
July 2016	3 <sup>rd</sup> International Sociological Association	Vienna, Austria	Information and Communication Technology (ICT)	Oral presentation

	(ISA) Forum of Sociology		and well-being: Living under continues threats.	
July 2016	3 <sup>rd</sup> International Sociological Association (ISA) Forum of Sociology	Vienna, Austria	Risk Perception in Later life: The Internet use as a buffer	Oral presentation
April 2018	Transgenerational Transmission of Trauma in Descendants of Victims of Nazi Persecution	Cologne, Germany	Offspring of Holocaust Survivors (OHS) - 2 <sup>nd</sup> and 3 <sup>rd</sup> generations: aging and cumulative adversities	Oral presentation

### National Conferences

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
December 2013	Gerontological Data Center at the Hebrew University of Jerusalem - SHARE -Israel users conference	Tel Aviv University, Tel Aviv, Israel	An examination of the effect of subjective well-being and intergenerational transfers on the decision of individuals over the age of 55 to retire from the labor market in Israel	Oral presentation
June 2015	The Internet and the Elders, organized by the	Tel Aviv University,	Internet use as promoting well-being in later life	Oral presentation

	Orange Institute for Internet Studies and the Herczeg Institute on Aging	Tel Aviv, Israel		
February 2016	21 <sup>th</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Internet use and well-being in later life: A midway-level approach	Oral presentation
February 2016	21 <sup>th</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Measuring risk perception in later life: The perceived risk scale (PRS).	Poster presentation
September 2016	International workshop collaboration on: Cross-Cultural and Cross-Societal Contexts of Elder-Care: Research, Policy and Practice Implications - Supported by the Israel the Israel Science Foundation (ISF) and Pfizer	The Max Stern Yezreel Valley College, Israel	Internet use, social support and well-being in later life	Oral presentation
March 2017	Bi-national conference: Aging well - Tel Aviv University & Heinrich-	Tel Aviv University, Tel Aviv, Israel	Living under extreme stress: the role of the Internet in later life	Oral presentation

	Heine-University Düsseldorf (Conducted under the auspices of the Herczeg Institute on Aging, TAU			
April 2017	The 2017 Annual Conference Israel Communication Association	Sapir Academic College, Israel	Information and Communication Technology (ICT) in later life - A functional approach	Oral presentation
May 2017	The 12 <sup>th</sup> Annual Health Conference	Tel Aviv, Israel	Developing a new measure for evaluating risk perception in later life	Poster presentation
May 2017	The 12 <sup>th</sup> Annual Health Conference	Tel Aviv, Israel	The role of the Information and Communication Technology (ICT) in elderly's well-being	Poster presentation
July 2017	Aging in a hostile world: Resilience or vulnerability?	Herczeg Institute on Aging at Tel Aviv University, Tel Aviv, Israel	Coping with trauma as the time from its onset goes by: Findings from samples of older bereaved parents and older adults with physical disabilities.	Oral presentation
February 2018	22 <sup>nd</sup> Biennial Meeting of Israel	Tel Aviv, Israel	When the hostile- world scenarios realized: the case of	Oral presentation

	Gerontological Society		bereaved parents 2 <sup>nd</sup> generation of holocaust survivors	
February 2018	22 <sup>nd</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Spirituality and wellbeing in later life: A multidimensional approach	Oral presentation
February 2020	23 <sup>rd</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Social support as a buffer in the relationships between risk perception and wellbeing	Poster presentation
February 2020	23 <sup>rd</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Inventory of Complicated Grief - Israeli elderly experiencing bereavement	Oral presentation
July 2022	24 <sup>th</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Later life as a daring experience: Factors explaining older adults' risk perception.	Poster presentation
July 2022	24 <sup>th</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Paid family caregivers - MATAV	Panel participation
July 2022	24 <sup>th</sup> Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Spirituality and wellbeing among older Israeli women.	Oral presentation
July 2022	24 <sup>th</sup> Biennial Meeting of Israel	Tel Aviv, Israel	Contact Between Adult Children and Parents, Emotional	Oral presentation



	Gerontological Society		Closeness and Children's Life Satisfaction.	
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## 7. Research Grants

### a. Grants Awarded

<b>Role in Research</b>	<b>Co-Researchers</b>	<b>Topic</b>	<b>Funded by/ Amount</b>	<b>Year</b>
Co-PI	Prof. Dov Shmotkin Dr. Kfir Ifrah	Aging in the face of a Hostile-World Scenario: A conceptual and empirical investigation of physical and mental health among older adults experiencing disadvantageous or distressed lives	Grant funding from the Israel Ministry of Science 30,000 NIS	2016-2017
PI	Dr. Aya Ben Eliazar Mrs. Irit Asher	Resilience and vulnerability indicators among healthcare workers in Israeli Geriatric Medical	The Open University of Israel- 40,000 NIS	2021-2022

		Centers during the Coronavirus crisis.		
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**b. Submission of Research Proposals – Not Funded**

<b>Role in Research</b>	<b>Co-Researchers</b>	<b>Topic</b>	<b>Funded by</b>	<b>Year</b>	<b>Score</b>
Research Coordinator	Prof. Shmotkin, D., & Dr. Bluvstein, I.	Investigating critical threats that compose hostile-world scenarios among middle-aged and older adults	Israel Science Foundation	June 2017	Very good
	Prof. Koton, S., Prof. Shmotkin, D., & Dr. Bluvstein, I.	Investigating critical threats that compose hostile-world scenarios among middle-aged and older adults: The role of attentive aging in facing life adversities	The James S. McDonnell Foundation	Jan. 2021	Good
Researcher	Dr. Bord, S., Dr. Halperin, D., Dr. Mashiach-Eizenberg, M., Dr. Arieli, D., & Dr. Darvish, T.	Evaluation study of the "Human Capital Development - Support Groups for Caregivers of the Elderly in the Community" program	National Insurance	Dec. 2021	Very good (one of two best proposals)

## 8. Teaching

### a. Courses Taught in Recent Years

<b>Year</b>	<b>Name of Course</b>	<b>Type of Course</b>	<b>Degree</b>	<b>Number of Students</b>
2014-2018	Stress and burnout in the workplace	Lecture	BA	40
2014-2018	Managing work teams	Lecture	BA	40
2014-2018	Aspects of the workplace	Seminar	BA	20
2015-2017	Management projects	Seminar	BA	10
2016-2018	Social psychology of the Internet	Lecture	BA	40
2016-2018	Social psychology of the Internet	Lecture	BA	40
2018- 2016	Psychology and organizational behavior	Lecture	BA	80
2016	Performance appraisal at work: Evolution and change	Lecture	MA	20
2018	Culture and management	Lecture	MA	20
2018	Psychology of aging	Lecture	MA	40
2019- 2018	Aging in a digital era	Lecture	BA	40
2002 - present	Human resource management	Lecture	BA	40
2002 - present	Organizational behavior - Macro	Lecture	BA	20
2014 - present	Management and organizational behavior	Lecture	MA	40
2019 - present	Current Issues in Human Resource Management	Lecture	MA	60
2019 - present	Managing Nursing Homes	Lecture and Seminar	MA	10
2021 - present	The elderly and their families	Lecture	MA	60
2021 - present	Community-based services for older adults	Lecture	MA	60

## **9. PUBLICATIONS**

### **A. Dissertation**

#### **Ph.D. Dissertation**

**Lifshitz, R.** (2016). *Internet, spirituality, and social support: Buffering the impact of threat-related stress on well-being in later life*. Ben Gurion University of the Negev, Department of communication and Department of public health. Supervisors: Prof. Galit Nimrod and Prof. Yaacov G. Bachner. Number of pages: 162

#### **M.A. Dissertation**

**Lifshitz, R.** (2011). *An examination of the effect of subjective well-being and intergenerational transfers on the decision of individuals over the age of 55 to retire from the labor market in Israel*. Tel Aviv University, Israel. Supervisor: Prof. Haya Steir and Prof. Eli Weitz. Number of pages: 100

### **B. Other Scientific Publications:**

#### **Book Published**

**Lifshitz, R.,** Waismel-Manor, R. Wasserman, V. (2020). *Contemporary issues in Human Resource Management for M.B.A program – reading guide*. The Open University, Israel.

### **C. Articles in Refereed Journals**

#### **Published**

1. **Lifshitz, R.,** Nimrod, G., & Bachner. Y. (2016). Measuring risk perception in later life: The perceived risk scale. *The Journal of the American Psychiatric Nurses Association*. 22 (6), 469-474. DOI: 10.1177/1078390316659910  
[IF=2.38, Q1 in Nursing, Citations=12]

2. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). Internet use and well-being in later life: A functional approach. *Aging and Mental Health*, 22(1), 85-91.  
DOI:10.1080/13607863.2016.1232370  
[IF= 3.658, Q1 in Gerontology, Citations=86]
3. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2018). Spirituality and wellbeing in later life: A multidimensional approach, *Aging and Mental Health*, 23(8), 984-991.  
DOI: 10.1080/13607863.2018.1460743  
[IF= 3.658, Q1 in Gerontology, Citations=39]
4. **Lifshitz, R.**, Ifrah, K., Markovitz, N. & Shmotkin, D. (2019). Do past and prospective adversities intersect? Distinct effects of cumulative adversity and the hostile-world scenario on functioning at later life. *Aging and Mental Health*, 24 (7), 1116-1125.  
DOI: 10.1080/13607863.2019.1597014  
[IF= 3.658, Q1 in Gerontology, Citations=6]
5. **Lifshitz, R.**, Ifrah, K., Markovitz, N., Bluvstein, I., & Shmotkin, D. (2020). Inventory of Complicated Grief - Factor structure among middle-aged and older bereaved parents. *Death Studies*, 17 Feb 2020, 1-8. DOI: org/10.1080/07481187.2020.1725931  
[IF= 2.245, Q2 in Clinical Psychology, Citations=3]
6. Bluvstein, I., Ifrah, K., **Lifshitz R.**, Markovitz N., & Shmotkin, D. (2021). Vulnerability and resilience in sensitive research: The case of the quantitative researcher. *Journal of Empirical Research on Human Research Ethics*. DOI: 10.1177/15562646211027418  
[IF=1.742, Q2 in Social Psychology]
7. **Lifshitz, R.** (2022). Spirituality and wellbeing among older Israeli women. *Gerontology and Geriatrics, Journal of Aging Studies*, 49(1), (in Hebrew). (No IF).

### **In preparation**

1. **Lifshitz, R.**, Ben Eliazar, A., & Asher, I. *Resilience, and vulnerability indicators among healthcare workers in Israeli Geriatric Medical Centers during the Coronavirus crisis.*
2. **Lifshitz, R.**, Ifrah, K., Markovitz, N. & Shmotkin, D. *Aging in the face of a hostile-world scenario: physical and mental health among older adults 2<sup>nd</sup> generation of Holocaust survivors experiencing bereavement.*
3. Ifrah, K., Markovitz, N., **Lifshitz, R.**, Bluvstein, I., & Shmotkin, D. *The compensation and amplification relationship between life satisfaction and meaning in life: The case of poverty.*
4. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. *Social support as a buffer in the relationships between risk perception and wellbeing.*

### **D. Articles in Conference Proceedings**

#### **Abstracts Published**

1. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). *Internet use and well-being in later life: A midway-level approach.* 21<sup>th</sup> Biennial Meeting of Israel Gerontological Society, Tel Aviv, Israel, February, 2016. Published by Israel Gerontological Society.
2. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). *Measuring risk perception in later life: The perceived risk scale (PRS).* 21<sup>th</sup> Biennial Meeting of Israel Gerontological Society, Tel Aviv, Israel, February, 2016. Published by Israel Gerontological Society.
3. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). *Information and Communication Technology (ICT) and well-being: Living under continues threats.* 3<sup>rd</sup> International Sociological Association (ISA) Forum of Sociology, Vienna, Austria. July, 2016. Published by the ISA.

4. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). *Risk Perception in Later life: The Internet use as a buffer*. 3<sup>rd</sup> International Sociological Association (ISA) Forum of Sociology, Vienna, Austria. July, 2016. Published by the ISA.

### **E. Submitted Publications**

1. **Lifshitz, R.**, Bachner, Y., & Nimrod, G. (2021). Later life as a daring experience: Factors explaining older adults' risk perception. *Clinical Gerontologist*. (Q2 in Gerontology). (Revised and resubmit).
2. Bar-Tur, L., Ifrah, k., **Lifshitz, R.**, & Lang, F.R. (2022). Contact Between Adult Children and Parents, Emotional Closeness and Children's Life Satisfaction. *Journal of Community Psychology*. (Q2 in Social Psychology). (Under review).

## **10. Summary of my Activities and Future Plans**

My field of research falls into the broad category of sociology and psychology of old age. It focuses on the wellbeing of older adults under various types of stress and the personal, social and cultural resources available to them for coping in such situations. We are now living in the midst of the aging revolution, reflecting an increase in the proportion of older adults in the population and a rise in life expectancy without necessarily entailing improvement in quality of life. This situation requires a deep understanding of the unique needs and characteristics of this population to identify and map the obstacles impeding achievement of effective coping and eventual wellbeing. My research reflects interdisciplinary integration and focuses on coping strategies applied by adults and seniors when facing stressful life situations that threaten their sense of wellbeing. Its value lies in the creation of a broad theoretical foundation yielding significant recommendations for therapists and policymakers. My academic publications so far reflect my particular interest in adults and older adults who face hostile world scenarios. For example, one article describes the construction and validation of the perceived risk scale (PRS), revealing a two-factor

structure: Later-life risks and terror risks. I have also completed an article on cumulative adversity among older adults in Israel (a longitudinal study based on SHARE-Israel data). As a quantitative researcher, I apply advanced analytical methods (such as multi-level modeling, growth curve models and structural equation modeling) and have mastered advanced statistical software (such as SPSS and AMOS).

I consider my research valuable because it can yield innovative insights for clinicians and professionals who seek methods of assessment and intervention for different population groups, such as at-risk adults and older adults, who need to maintain mental wellbeing as they face severe life distress.

In the future, I plan to expand my research on the topic of living and coping with extreme life conditions in later life. Specifically, I want to examine resources identified in my doctoral thesis as moderating the relations between stress and wellbeing (i.e., spirituality, Internet use, and social support) in additional distressing circumstances such as bereavement, health decline and continuous life risking illness. In addition, I plan to explore additional resources (e.g., creativity, physical activities) that may useful in coping with various challenging later life conditions.