

Name: Efrat Hadar

Date: 12/11/23

CURRICULUM VITAE

1. Personal Details

Electronic Address: efrath@yvc.ac.il, ehadar@edu.haifa.ac.il

2. Higher Education

a. Undergraduate and Graduate Studies

Name of Institution and Department	Degree	Year of Approval of Degree
Psychology, Special Education, University of Haifa	B.A.	1994
School Counseling, University of Haifa	M.A.	1997
Clinical Psychology, California School of Professional Psychology (CSPP), Alameda, CA, USA	M.A.	1999
Clinical Psychology, CSPP, Alameda, CA, USA	Ph.D.	2003

b. Post-Doctoral Studies

Period of Study	Name of Institution, Department and Host	Degree	Year of Completion
2003-2005	Psychological Services Center, Oakland, CA, USA	Post-Doctoral Fellow	2005

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2005-2019	School Counseling Program, Counseling and Human Development Department, Faculty of Education, University of Haifa	Adjunct Faculty
2007-2008	Art Therapy Certification Program, Continuing Education Department, Faculty of Education, University of Haifa	Adjunct Faculty
2007-2023	Multidisciplinary Studies and the Women and Gender Program,	Adjunct Faculty

	Faculty of Humanities, University of Haifa	
2008-2009 2015-2016	Behavioral Studies Program, Yezreel Valley College	Adjunct Faculty
2009-2021	School Counseling Program, Education Department, Yezreel Valley College	Adjunct Faculty
2011-2018	Art Therapy Certification Program, Tel Hai Academic College	Adjunct Faculty
2011-2015	School Counseling Program, Sakhnin Teachers College	Adjunct Faculty
2019-2023	School Counseling and Education Departments, Yezreel Valley College	Lecturer-proposed rank

4. Participation in Scholarly Conferences

a. Active Participation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2/06	Israeli Sociological Association	Bnei-Brak, Israel	Heterosexual egalitarian couples with young children: How do they divide work at home?	Presenter
6/06	The Second Conference for Qualitative Research Methods	Tel-Aviv, Israel	Egalitarian and Egalitarian Leaning Couples with Young Children: Satisfaction with the Division of Labor, Marriage and Paid Work	Poster presenter
7/06	International Association for Relationship Research	Rethymno, Crete, Greece	Heterosexual egalitarian couples with young children: Relationship characteristics contributing to equality	Poster presenter
6/19	Research Fair	Yezreel Valley College, Israel	Type 2 diabetes patients: How do they experience difficulty in the family and coping with the illness?	Presenter with Prof. Ora Peleg
6/19	Research Fair	Yezreel Valley College, Israel	An Israeli school that serves Arab working class and poor populations: A case study	Presented by my co-author Dr. Yoad Eliaz
12/19	International Conference on Research into Higher Education	Newport, Wales, United Kingdom	Graduating together: The experience in graduate school of a group of Arab Israeli women from families with no or limited academic background	Presented by my co-author Dr. Lubna Tannous Haddad
12/20	The Osaka Conference on Education	Osaka, Japan.	The experience of college students and lecturers transitioning to online learning during the COVID-19 pandemic	Presented with Prof. Ora Peleg. Additional author Dr. Dorit-Hadar Shoval
3/21	International Family Therapy Association	Virtual	Parenting among mothers exposed to ongoing military conflict in childhood: An exploratory study	Presenter with Prof. Ora Peleg
4/21	First	Tel Aviv	Graduating together: The experience	Presenter.

	Generation in Academia: Critical Viewpoints	University, Israel	of a group of Arab students who are first-generation in academia	Additional author Dr. Lubna Tannous Haddad
6/21	International Association for Relationship Research	London, UK	Individuals with Type 2 diabetes: An exploratory study of their experience of family relationships and coping with the illness	Poster presenter with Prof. Ora Peleg and Dr. Ami Cohen
7/21	Higher Education in the Post Corona Era	Tel-Hai College, Israel	The "Day After" the COVID-19 outbreak: What can we learn from the experience of college students and instructors transitioning to distance learning?	Presented with Prof. Ora Peleg. Additional author Dr. Dorit-Hadar Shoval
7/21	Stress Trauma Anxiety and Resilience Society	University of Haifa, Israel	Individuals with type 2 diabetes: Their experience of family relationships and coping with the illness	Presenter and session Chair with Prof. Ora Peleg,
10/21	Loss, Bereavement and Resilience	The Inter-Organization Forum: Mourning and Bereavement in Israel	Coping in school of children and adolescents who lost a parent a few years after the loss	Presented with Prof. Ora Peleg and Dr. Ronit Shalev
5/22	16 th Annual International Conference on Psychology	Virtual	Parental and Familial Patterns of Mothers who experienced Ongoing Military Events during Childhood: A Mixed-Methods Study	Presented with Prof. Ora Peleg
5/22	16 th Annual International Conference on Psychology	Athens, Greece	The Relationship between Type 2 Diabetes, Differentiation of Self, And Emotional Distress: Jews and Arabs in Israel"	Presented by my co-author prof. Ora Peleg
8/22	European Association for Research on Adolescence	Dublin, Ireland	Children and adolescents who have lost a parent: Their coping in the school setting a few years after the parent's death	Presented with Prof. Ora Peleg and Dr. Ronit Shalev
5/23	Consortium of European Research on Emotion	University of Haifa, Israel	How is the loss of a parent in childhood related to attachment and adult separation anxiety among women?	Presented with Prof. Ora Peleg and Dr. Ronit Shalev
5/23	17 th Annual International Conference on Psychology	Virtual	Children and adolescents who have lost a parent: Their coping in the school setting a few years after the parent's death	Presented with Prof. Ora Peleg and Dr. Ronit Shalev
7/23	Stress Trauma Anxiety and Resilience Society	Virtual	Children, adolescents and young adults who have lost a parent: Their coping in the school setting a few years after the parent's death	Presented with Prof. Ora Peleg. Additional author Dr. Ronit Shalev
10/23	International Workgroup on Death, Dying and Bereavement	Halifax, Nova Scotia, Canada	The experience in school after the loss of a parent: Children, adolescents and young adults	Poster presented by my co-author Dr. Ronit Shalev. Additional author Prof. Ora Peleg

b. Organization of Conference

Date	Name of Conference	Place of Conference	Subject of Conference	Role
12/19	Future oriented pedagogy	Yezreel Valley College	Contemporary approaches to teacher-student relationships	Organizer with Prof. Ora Peleg and Tomader Switat

5. Research Grants

a. Grants Awarded

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year
Co-PI	Ora Peleg, Mirit Sinai	Grant for courses involving work in the community. Counseling intervention programs , School Counseling Program, Emek Yezreel College	Council for Higher Education, Planning and Budgeting Committee/ 40,000 NIS	2017-2018
Co-PI	Ora Peleg, Mirit Sinai	Grant for courses involving work in the community. Counseling intervention programs , School Counseling Program, Yezreel Valley College	Council for Higher Education, Planning and Budgeting Committee/ 40,000 NIS	2018-2019
Co-PI	Ora Peleg	Grant for courses involving work in the community. Counseling intervention programs, School Counseling Program, Yezreel Valley College	Council for Higher Education, Planning and Budgeting Committee/ 40,000 NIS	2019-2020
Co-PI	Ronit Shalev, Ora Peleg	The experience of adolescents who lost a parent in the school environment: An exploratory study	Research Committee, Yezreel Valley College/14,962 NIS	2021-2022
Co-PI	Ora Peleg, Meyran Boniel-Nissim	The Contribution of Digital and Emotional Factors to T2DM Self-Management: A Mixed Methods Study	The Israel National Institute for Health Policy Research/200,000 NIS	2021-24
PI		Grant for courses involving work in the community. Group intervention programs, MA Program in School Counseling, Emek Yezreel College	Council for Higher Education, Planning and Budgeting Committee/ 20,000 NIS	2022-2023
Co-PI	Ora Peleg, Meyran Boniel-Nissim	Barriers to T2DM self-management and glycemic control and their potential attenuation by a group	The Ministry of Health/300,000 NIS	2023-2025

		intervention program among Israeli Arabs		
PI		Grant for courses involving work in the community. Group intervention programs, MA Program in School Counseling, Emek Yezreel College	Council for Higher Education, Planning and Budgeting Committee/ 14,000 NIS	2023-2024

6. Scholarships, Awards and Prizes

Awarded by	Awarded for	Topic	Amount	Co-Researchers	Year
IDF Widows and Orphans Organization	Excellence in research	The experience of adult and adolescent IDF orphans in school, a few years after the loss and in adult life: An exploratory study	20,000 NIS	Ronit Shalev, Ora Peleg	2023

7. Professional Experience

2007-2011 Clinical Psychologist, Berman Psychological Clinic, University of Haifa, Haifa

2012-2023 Clinical Psychologist, Private Practice, Haifa

PUBLICATIONS

A. Ph.D. Dissertation

Heterosexual Egalitarian Couples with Young Children, 2003, p. 243, English, California School of Professional Psychology, Alameda, CA, USA, Dissertation Chair: Dalia Ducker, Ph.D.

B. Articles in Refereed Journals

Published*

1. Shechtman, Z., Bar-El, O., & **Hadar, E.** (1997). Therapeutic factors in counseling groups and psychoeducational groups for adolescents: A comparison. *Journal for Specialists in Group Work*, 22(3), 203-213. [IF-Not Reported].
2. Bathish, L., & **Hadar, E.** (2016). "Reporting isn't easy": Druze school counselors in the Golan Heights and mandatory reporting of childhood sexual abuse. *School Counseling*, 19, 174-197 (Hebrew). [IF-Not Reported].
3. Sagron, M., & **Hadar, E.** (2018). The experience of parenting and parental self-efficacy among mothers who were exposed to ongoing military conflict during

childhood, *Mifgash – Journal for Social Educational Work*, 26(47), 75-100 (Hebrew). [IF-Not Reported].

4. **Hadar, E.**, Sagron, M., & Peleg, O. (2020). Parenting among mothers exposed to ongoing military conflict in childhood: An exploratory study. *International Journal of Psychology*, 55(5), 789-800. DOI: 10.1002/ijop.12643. [IF-1.867, Q2, Psychology].
5. Peleg, O., **Hadar, E.**, & Cohen, A. (2020). Individuals with type 2 diabetes: An exploratory study of their experience of family relationships and coping with the illness. *The Diabetes Educator*, 46(1), 83-93.** doi/10.1177/0145721719888625. [IF-2.087, Q1, Health professions]
6. Adler, S., & **Hadar, E.** (2022). The experience of excessive use of social networks among religious adolescents: An exploratory study. *Iyunim Bahinuch*, 21, 427-450 (Hebrew). [IF-Not Reported].
7. **Hadar, E.**, & Eliaz, Y. (2023). A school for the poor? A case study of an Arab school in Israel serving the working class. *Child & Youth Care Forum* <https://doi.org/10.1007/s10566-023-09755-8> [IF-2.535, Q1, Social Sciences].
8. **Hadar, E.**, & Peleg, O. (2023). Gradual parallel-process training for counseling students delivering intervention programs. *Humanities & Social Sciences Communications*, 10, 578.** <https://doi.org/10.1057/s41599-023-02105-y> [IF-3.5, Q1, Social Sciences].
9. **Hadar, E.**, Shalev, R., & Peleg, O. (2023). The experience of children and adolescents in the school setting a few years after losing a parent. *Death Studies*** <https://doi.org/10.1080/07481187.2023.2272955> [IF-3.8, Q1, Clinical Psychology].

*Relative contributions are according to the order of names unless otherwise stated.

**Authors contributed equally.