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CURRICULUM VITAE

Personal Details

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Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2014-2016	Tel-Aviv University, Department of Psychology	Clinical Psychology Studies	2016
2008-2012	Haifa University, Department of Psychology	Cognitive Psychology M.A.	2012
2003-2007	Max Stern Emek-Yezreel Academic College, Department of Behavioral Sciences	Behavioral Sciences B.A.	2007

Extension Courses

2010 Practical GCP (good clinical practice) Compliance Course
(design, conduct & management of clinical trails), [Coordinator: Dr. Moshe
Neuman, *Ph.d.*] , Ha'emek Medical Center, Afula, Israel.

Participation in Scholarly Conferences

a. Active Participation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
April, 2017	March, 2016	Florence, Italy	Sex specific effect of intranasal vasopressin, but not oxytocin, on emotional recognition and perception in schizophrenia patients	E-poster Walk representor
March, 2016	European Psychiatry Association (EPA)	Madrid, Spain	Factors Associated with Non-show to First Therapeutic Appointments in a Mental Health Clinic in Northern Israel	E-poster view
March, 2015	European Psychiatry Association (EPA)	Wein, Austria	Sleep in Schizophrenic Patients: Discrepancy between Self-Reported versus Recorded Sleep	E-poster Walk representor
February, 2015	Israeli Sleep Research Society (IPA)	Emek-Yesreel, Israel	Sleep in Schizophrenic Patients: Discrepancy between Self-Reported versus Recorded Sleep	Oral presentation representor
February, 2014	Israeli Society for Cognitive Psychology (ISCOP)	Acer, Israel	The influence of the timing of exposure to misleading post-event information on misinformation interference and suggestibility	Poster representor
January, 2009	Israel Sleep Research Society.	Ramat-Gan, Israel	The effects of acupuncture treatment on sleep quality and emotional measures in schizophrenia patients	Oral presentation representor
September, 2008.	European Sleep Research Society (ESRS).	Glasgow, UK	The effects of background music on sleep quality and emotional measures in Schizophrenia patients.	Oral presentation representor
June, 2008.	European Neurological Society (ENS).	Nice, France	The effects of music background on sleep efficiency, anxiety and depression in Schizophrenia patients	Oral presentation representor
November, 2007	Israel Society for Neuroscience (ISFN)	Eilat, Israel	The effects of music background on sleep efficiency, anxiety and depression in Schizophrenia patients.	Oral presentation representor

Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop/High Learn Course/ Introduction Course (Mandatory)	Degree	Number of Students
2015-2025	Descriptive and inferential Statistics	Lecture	BA	70
2024-2025	Introduction to Psychology	Lecture	BA	70
2023-2025	Representation of mental Illness in Television	Lecture	BA	40
2020-2021 2024-2025	Mental health Care in Israel	Lecture	BA	40-50
2022-2024	Computerized Research Methods-Applications	Lecture	BA	30
2014-2024	Scientific writing	Lecture	BA	40-50
2015-2018	Methodology and Scientific writing	Lecture	BA	70
2013-2015	Reading, thinking and scientific writing	Lecture	BA	40-50
2012-2014	Introduction to Psychology in Education	Teaching Assisting	BA	40
2012-2014 2016-2018	Statistics for Psychologists	Teaching Assisting	BA	30
2012-2018	Experimental Psychology	Teaching Assisting	BA	40
2011-2012	Introduction to Psychology	Lecture	The Pre-Academic Unit	40
2009-2015	Research Methods	Teaching Assisting	BA	40
2009-2015	Statistics	Teaching Assisting	BA	40

2008-2012	Cognitive Psychology	Teaching Assisting	BA	40
2008–2009	Basic principles of Applied Behavior Analysis (ABA)	Teaching Assisting	BA	40
2017-2018	Methodology and statistics	Teaching Assisting	MA	20

Professional Experience

- 2016-2021** Clinical Psychology Resident at the Outpatient Clinic of Psychiatry at EMEK Medical Center, General Hospital, Afula, Israel.
- 2009-2016** Research Coordinator at the Department of Neurology and E.R., EMEK Medical Center, General Hospital, Afula, Israel.
- 2008–2013** Research Coordinator at the Department of Psychiatry, EMEK Medical Center, General Hospital, Afula, Israel.

PUBLICATIONS

1. Klil-Drory S, **Vadas L**, Reshef A, Lavi I, Bloch B*, Kremer I*. (*equally contributed). A study of the clinical and demographic characteristics of patients who frequent attend the psychiatric emergency room in a general hospital. Harefuah, 2014. [Hebrew].
2. Reshef A*, Bloch B*, **Vadas L**, Ravid S, Kremer I, Haimov I. (*equally contributed). The Effects of Acupuncture Treatment on Sleep Quality and on Emotional Measures among Individuals Living with Schizophrenia: A Pilot Study. Sleep Disorders. 2013. DOI: [10.1155/2013/327820](https://doi.org/10.1155/2013/327820).
3. Blanaru M, Bloch B, **Vadas L**, Arnon Z, Ziv N, Kremer I*, Haimov I* (*equally contributed). The effects of music relaxation and muscle relaxation techniques on sleep quality and emotional measures among individuals with posttraumatic stress disorder. Mental Illness. 2012;4(1). (DOI: [10.4081/3707](https://doi.org/10.4081/3707)).
4. Bloch B, Reshef A, Lavi I, **Vadas L**, Wolf T, Kremer I. Contribution of environmental factors to the psychiatric morbidity following motor vehicle accidents: comparison between kibbutz and urban populations. Israeli Journal of Family Practice. 2011;21(161):46-48 (Part A) & 2012;21(167):42-45 (Part B).

5. Bloch B, Ravid S, **Vadas L**, Reshef A, Kremer I*, Haimov I* (*equally contributed). The Acupuncture treatment of Schizophrenia: A Review with Case Studies. *Journal of Chinese Medicine*. 2010;93:57-63. [Hebrew].
6. Bloch B, Reshef A, **Vadas L**, Haliba Y, Ziv N, Kremer I*, Haimov I* (*equally contributed). The Effects of Music Relaxation on Sleep Quality and Emotional Measures in People Living with Schizophrenia. *Journal of Music Therapy*. 2010;47:27-52.
7. Haimov I, **Vadas L**. Sleep in Elderly: The Relationship between Chronic Insomnia to Cognitive Functioning. *Medical*, 2009: 148(5), 310-313. [Hebrew].
8. Abu Rahal Z, Avital A, **Vadas L**, & Bloch B. Use of Information and Communication Technologies among Individuals with and without serious Mental Illness. *Psychiatry Research*. 2018 [Accepted for Publication].