

Name: Michal Alon-Tirosh

Date: 16/11/25

CURRICULUM VITAE

1. Personal Details

Current Office Address: The Max Stern Yezreel Valley College, Departments of Behavioral Sciences and Nursing

Electronic Address: michalt@yvc.ac.il

2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2006-2012	Tel Aviv University, Department of Communication	Ph.D.	2012
2000-2003	Tel Aviv University, Social Psychology	M.A. (summa cum laude)	2003
1997-2000	Tel Aviv University, Psychology and Communication	B.A.	2000

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2023-until today	The Max Stern Yezreel Valley College, Departments of Behavioral Sciences and Nursing	Senior Lecturer
2018-2023	The Max Stern Yezreel Valley College, Departments of Behavioral Sciences and Nursing	Lecturer
2016-2018	The Max Stern Yezreel Valley College, Department of Communication	Lecturer

2013-2016	The Max Stern Yezreel Valley College, Department of Communication	Lecturer(proposed position)
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4. Offices in Academic Administration

A. Academic Administration Position in the Department of Nursing

Period	Position
2023-2024	Coordinator for Students in Military Reserve Service
2020-until today	Member of Teaching Committee
2020-2021	Academic advisor to students from the Ethiopian community
2018-until today	Admission Committee
2018-2022	Academic coordinator of the Nursing Supplement Program

B. Academic Administration Position in the Department of Behavioral Sciences

Period	Position
2019-2021	Student counselor
2018-2021	Head of Teaching Committee
2011	Member of Student Relations Committee

C. Academic Administration Position in the Department of Communication

Period	Position
2015-2018	Teaching Committee
2015	Colloquium Committee

D. Academic Administration Position in the Max Stern Yezreel Valley College

Period	Position
2023-2024	Member of the college Excellence Remuneration Committee
2022-until today	Member of the college ethics committee

2020-until today	Member of the Steering Committee of the Social Involvement Unit
2016-2023	Member of the college's disciplinary committee
2014-2016	Member of the appeal board for the disciplinary committee
2014	Thesis review in the Department of Educational Counseling

5. Scholarly Positions and Activities outside the Institution

Name of Institution/Journal	Scholarly Activity	Dates
Tel-Hai College, Department of Educational Psychology	Thesis review	2025
Journal of Child and Family Studies	Peer review	2024-2025
International Journal of Developmental Disabilities	Peer review	2024
Psychology	Peer review	2023
JMIR Mental Health	Peer review	2023
Social Issues in Israel	Peer review	2021
Journalism Practice	Peer review	2020
The College of Management Academic Studies, The Haim Striks School of Law	Thesis proposal review	2018
Psychology (PSYCH)	Peer review	2017
Childhood	Peer review	2016
Journal of Children and Media	Peer review	2014-2019
University of Haifa, Department of Management	Thesis review	2014
Gender [Hebrew]	Peer review	2012

6. Participation in Scholarly Conferences

a. Active Participation

International Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
3-6.7.2024	45th Annual Conference of the International School Psychology Association	Riga, Latvia	Digital Interference: The Effect of Maternal Smartphone Distraction on Mother-Child Learning-based Interaction	Presenter
			The Challenges of Maternal Scaffolding in the Digital Age: The Case of Mother-Child Joint Computer Game	Presenter
1-3.7.2024	40th Annual Conference of the Association for Israel Studies	Prague, Czech Republic	Volunteering as a way to deal with Psychological Distress? The Case of Volunteering after 7.10.23 and Iron Swords War	Presenter
5-8.7.2023	44th Annual Conference of the International School Psychology Association	Bologna, Italy	Sleep Quality, Distress, and COVID-19-Related Stress Among Arab and Jewish Adolescents During Distance Learning	Presenter
25-29.5.2023	73rd Annual ICA Conference	Toronto, Canada	Children's News Creators' Approach to "Fake News"	Presenter
27-30.9.2022	26th Congress of the European Sleep Research Society	Athens, Greece	The association between smartphone use at night, sleep quality, and psychological well-	Presenter

			being among healthy students: a pilot study	
21- 24.9.2022	Global Education, Teaching & Learning Conference 2022	Dubrovnik, Croatia	Mental Health Among Adolescents During COVID-19 and Distance Learning: Sleep Quality as an Expression of Distress	Presenter
22- 25.9.2021	Global Education, Teaching & Learning Conference 2021	Zagreb, Croatia	Psychological Well-Being Among High School Students During COVID-19 and Distance Learning: Risk Behaviors and Academic Performance	Presenter
6-9.9.2021	8th ECREA European Communication Conference	Online	Perceptions of ageist messages in commercials among two population groups	Presenter
			Social network sites use among adolescents with autism spectrum disorder	Presenter
24- 25.9.2020	Global Education, Teaching & Learning Conference 2020	Dubrovnik, Croatia	Nurses Group Dynamics Test (NGDT) for Screening Applicants to Nursing Studies	Presenter
			Social Network Sites as an Interpersonal Communication Learning Environment for Adolescents with Autism Spectrum Disorder	Presenter
26- 27.9.2019	Qualitative Research in Communication	Bucharest, Romania	Perceptions regarding ageism in commercials: A	Presenter

	Conference (4th Edition)		comparative research study	
			Identity in conflict: The conflict of identity among Arab adolescent girls in Israel as manifested in their discourse	Presenter
25-28.9.2019	Global Education, Teaching & Learning Conference 2019	Sibenik, Croatia	Social relations between students from two groups in conflict: Differences in stereotypes and perceived social distance	Presenter
26-30.9.2018	Global Education, Teaching & Learning Conference 2018	Dubrovnik, Croatia	Teaching students from social groups in conflict	Presenter
27-30.9.2017	Global Education, Teaching & Learning Conference 2017	Dubrovnik, Croatia	Promoting Political Education among Elementary School Children: Identifying the Dominant Socialization Agents	Presenter
9-12.11.2016	The 6th European Communication Conference	Prague, Czech Republic	Interpersonal interaction in child-adult joint computer games	Presenter
27-31.7.2016	IAMCR 2016 Conference	Leicester, UK	The challenges of producing news for children in complex political and security cultures	Accepted, not presented
14-15.2.2013	My Media Playground- The 2nd Biannual Seminar on	Tampere, Finland	Instilling News Consumption at Home	Presenter

	Media Education in Childhood			
15-16.1.2013	The 1st International Conference on Family, Education and Media in a Diverse Society	The Hebrew University, Israel	News for all? Mothers' attitudes about their children's consumption of news	Presenter

Scholarly Conferences in Israel

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
12.5.2025	Mental Health in a Reality of War: Implications of October 7 and the Subsequent War	The Hebrew University of Jerusalem	The Relationship Between Psychological Distress, Perceived Threat, and Volunteering After October 7 and During the First Weeks of the "Iron Swords" War	Presenter
			The Psychological Cost of "Staying Updated": Associations Between Intensive Media Use During the War and Mental Health	Presenter
10.4.2025	Israel Communication Association Conference	Haifa University	Staying Updated During Wartime: Who Seeks Updates, on Which Platforms, and How These Patterns Relate to Psychological Characteristics	Presenter
14.7.2025	The Max Stern Yezreel Valley	The Max Stern Yezreel Valley	The Cost of Change: Lifestyle Changes and Psychological Distress	Presenter

	College Research Fair	College, Israel	During the “Iron Swords” War	
			The Information Flood: Effects of Intensive Media Consumption on Psychological Distress During Wartime	Presenter
30.6.2025	Health Promotion Across the Life Span	The Max Stern Yezreel Valley College, Israel	The Association Between Psychological Well-Being During Wartime and Patterns of Media Consumption	Presenter
			The Association Between Lifestyle Changes and Psychological Well-Being During Wartime	Presenter
18.7.2024	The Max Stern Yezreel Valley College Research Fair	The Max Stern Yezreel Valley College, Israel	”The Blind Are Not Accepted - Discrimination Against People with Visual Impairments in the Romantic Domain”	Presenter
			”Volunteering in the Wake of October 7th and the ‘Swords of Iron’ War - Who Are the Volunteers and What is the Connection Between Volunteering and Distress?”	Presenter
18.4.2024	Israel Communication Association Conference	Reichman University	”Delayed Response”: The Impact of Smartphone Use on Joint Play Between Mothers and Their Children	Presenter

27.6.23	The Max Stern Yezreel Valley College Research Fair	The Max Stern Yezreel Valley College, Israel	The effect of maternal smartphone distraction on mother-child learning-based interaction	Presenter
			The association between lifestyle Changes and Emotional Eating during COVID-19 Lockdown: The moderating effect of Gender and Stress	Presenter
3.4.23	Israel Communication Association Conference	The Max Stern Yezreel Valley College, Israel	Is this how old people behave?: A comparison between students' and old people's reactions to television commercials that include ageist messages	Presenter
			Continuum on the net: online social networks in the lives of adolescents with Autism Spectrum Disorder	Presenter
15-16.2.23	The Israeli Conference of Qualitative Research	Ben Gurion University, Israel	Communication beyond disability: uses of Adolescents with Autism Spectrum Disorder uses of online social networks	Presenter
21-22.10.21	The 21st Annual Meeting of the Israeli Sleep Research Society	Zichron Yaakov, Israel	COVID-19-Related Sleep Quality, Stress, Health Behaviors, and Mental Health	Presenter

			Symptoms among Israeli and U.S. Adults	
19.2.20	Israeli Medical Association	The Max Stern Yezreel Valley College, Israel	Examining stereotypes and readiness for social relations among nursing students from different cultures: How to optimize educational programs for the development of cultural sensitivity	Presenter
17-18.2.20	The biennial conference of the Israeli Association of Gerontology, 2020	Tel Aviv, Israel	Humiliated or exalted? Comparison of elderly's and students' perceptions of ageist messages in television commercials	Presenter
17.6.19	The Max Stern Yezreel Valley College Research Fair	The Max Stern Yezreel Valley College, Israel	Social Networks in Autistic Adolescents' lives	Presenter
			Perceptions regarding ageism in television commercials: A comparative research study	Presenter
29.3.2018	Israel Communication Association Conference	College of Management Rishon LeZion	Terror for children? Children's news cover of terror attacks	Presenter
			Adolescence Arab girls' news consumption as a reflection of their identity conflict	Presenter
6-7.2.2018	The Israeli Conference of		Adolescence Arab girls' Collective Identity as	Presenter

	Qualitative Research	Ben Gurion University, Israel	reflected by discussing the news	
			Did we make their voices heard? Adolescence Arab girls and the news	Presenter
21.6.17	The Max Stern Yezreel Valley College Research Fair	The Max Stern Yezreel Valley College, Israel	Israeli Arab female adolescents talking about the news: One genre reveals a conflict between identities	Presenter
2.4.17	Israel Communication Association Conference	Sapir College	News and adolescents' motivation for recruitment	Presenter
23.3.17	Girls and their body: Talking, present, hidden	Sapir College	"Girls will do everything to come near a celebrity"- The representation of the girls in the Eyal Golan scandal	Presenter
19.6.16	The Max Stern Yezreel Valley College Research Fair	The Max Stern Yezreel Valley College, Israel	More information, more knowledge?	Presenter
			Children and the digital world: New technologies new dangerous?	Presenter
17.4.16	Israel Communication Association Conference	Kinneret Academic College	The media's place in children's knowledge about the 2015 elections	Presenter
8-10.2.2016	The Israeli Conference of Qualitative Research	Ben Gurion University, Israel	Silence as a reflection of power relations in the Israeli society	Presenter

21.6.2015	The Max Stern Yezreel Valley College Research Fair	The Max Stern Yezreel Valley College, Israel	Children's political understanding and stereotypes about the prime minister	Presenter
1.4.2015	Israel Communication Association Conference	The Open University, Israel	"It was scary, sad, and on TV all the time" Memories from exposure to news events in childhood	Presenter
21.3.2013	Israel Communication Association Conference	Bar Ilan University, Israel	"Has the apple fallen far from the tree?" Mothers and children's stances about children watching the news	Presenter
25.11.2012	News: Yesterday, Today and Tomorrow	Tel Aviv University, Israel	Parents' stances about their children watching the news	Presenter
3.4.2012	Israel Communication Association Conference	Tel Aviv University, Israel	Israeli children are for watching news	Presenter
			Children's news programs in Israel: Texts, Producers and viewers	Presenter
20.11.2011	You: Thirty Years of Feminist Media Research in Israel	Tel Aviv University, Israel	Children's news programs in Israel: Texts, producers and viewers	Presenter
17.11.2009	The Israel-Sderot Conference of Social Issues	Sapir College, Israel	Children's news as a means to promote children's political socialization and social involvement	Presenter

7. Invited Lectures/Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
20.09.2024	The Max Stern Yezreel Valley College	The 1st Leadership Conference of the Jezreel Valley Regional Council	"When the Screen Intervenes": The Impact of Parents' Smartphone Use in the Presence of Their Children
06.12.2017	The Max Stern Yezreel Valley College	The Department of Education: Smart parenting in the age of smartphones	Virtual reality parenting
16.03.2016	The Max Stern Yezreel Valley College	The 6th conference of the Exceptional Students department	Child-player / parent-spectator: Mother-child interaction during a joint computer game
15.03.2016	The Max Stern Yezreel Valley College	The Department of Psychology Seminar	Advanced learning possibilities for psychology graduates
10.03.2016	Schechter Institute of Jewish Studies	The 10th conference on the status of women in Israeli society: The New Fatherhood: Gender Challenges	'New fatherhood' in the media: Is it so new?
24.03.2015	The Max Stern Yezreel Valley College	The Department of Behavior Sciences Seminar	Advanced learning possibilities for behavior studies graduates
26.04.2015	The Max Stern Yezreel Valley College	The Department of Psychology Seminar	Advanced learning possibilities for psychology graduates
01.04.2015	The Max Stern Yezreel Valley College	The Department of Behavior Sciences Seminar	Advanced learning possibilities for behavior studies graduates

23.03.2014	The Max Stern Yezreel Valley College	The Department of Psychology Seminar	Advanced learning possibilities for psychology graduates
25.12.2012	The Max Stern Yezreel Valley College	The Department of Communication Colloquium	Children and news? Young viewers' stances on children's news

8. Research Grants

a. Grants Awarded

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year
Co-PI	Dr. Ola Ali-Saleh (PI) and Layalie Massalha (Co-PI)	Evaluation of Nursing Students' Volunteering Attitudes, Motivations, and Self-Efficacy Before and After a Community Health Promotion Project.	The Research Center at the Department of Nursing, Yezreel Valley College – Funded by the Spencer Family/ 22,000 NIS	2025
PI	-	Smartphones' effect on parent-child interaction during joint play	The Max Stern Yezreel Valley College, Research grant/ 14988 nis (internal)	2020
Co-PI	Dr. Dafna Halperin (Co-PI), Sigal Naim (Co-PI)	Perceptions of Ageism in television commercials: A comparative study	Pfizer/ 13475 nis	2018
Co-PI	Dr. Dorit Hadar- Shoval (Co- PI)	Who is a leader? Children's perceptions about leaders and leadership	Israeli Center for Third sector Research/ 8000 nis	2016
Co-PI	Dr. Dorit Hadar-	Children's political understanding and	The Max Stern Yezreel Valley College, Research	2015

	Shoval (Co-PI)	stereotypes about the prime minister	grant/ 10000 nis (internal)	
PI	-	Children's news programs	Tel-Aviv University, Rothschild-Caesarean School of Communication/ 10000 nis	2008
PI	-	Children's news programs	The Second Authority for Television and Radio, Competitive Fellowship for conducting research in communication/ 10000 nis	2008

c. Submission of Research Proposals - Not Funded

Role in Research	Co-Researchers	Topic	Funded by	Year	Score
Co-PI	Prof. Dorit Aram (Co-PI)	Parent-preschooler shared reading of different types of informational texts: Interaction characteristics, parents' perceptions, and children's comprehension	Israel Science Foundation (ISF)	2020	No grade is given
Co-PI	Prof. Orna Chishinski (Co-PI), Dr. Dorit Hadar-Shoval (Co-PI)	Mental well-being among high school students during the COVID-19 crisis and distance learning: Risky behaviors and academic performance as an expression of distress	Head Scientist of the Ministry of Education	2020	No grade is given
Co-PI	Prof. Dorit Aram (Co-PI)	Parents and young children shared news reading: Interaction attributes, parental perceptions and children's comprehension of news texts	Israel Science Foundation (ISF)	2019	No grade is given

PI	-	Parents, children, and news: Parents and their children's stances on the news	The Hamer Foundation	2012	No grade is given
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9. Scholarships, Awards and Prizes

I was one of the five college excellent teachers in 2015

10. Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course	Degree	Number of Students
2018- until today	Abnormal psychology	Introductory Course (Mandatory)	BA	60-80
2018, 2004- 2006	SPSS	Introductory Course (Mandatory)	BA	25-35
2017, 2023- until today	Research methods	Introductory Course (Mandatory)	BA, MA	12
2017	Educational psychologists' challenges in the 21st century	Lecture	MA (Educati onal psychol ogy)	15
2017	Children, Adolescents and social networks: Educational psychologists' challenges	Lecture	MA (Educati onal psychol ogy)	10
2016- 2018	Consumer behavior	Lecture	BA	50-80

2013-2019	Media in Children's Lives	Lecture	BA	50-80
2013-2016	Children, News and Reality	Seminar	BA	16-26
2011-2013	Television in Children's Lives	Lecture	BA	40-50
2011-2015	Interpersonal Communication / Interactions	Lecture	BA	40-50
2011-2015	Introduction to Educational Psychology	Introductory Course (Mandatory)	BA	60-80
2009-2018	Social Psychology	Introductory Course (Mandatory)	BA	60-110
2007-2009, 2016- until today	Developmental Psychology	Introductory Course (Mandatory)	BA	60-100
2005-2010	Introduction to consultation interview	Workshop	BA	20-30
2004- until today	Introduction to Psychology	Introductory Course (Mandatory)	BA	30-120
2004-2015, 2023	Academic Writing	Introductory Course (Mandatory)	BA	20-40
2004	Learning and Teaching Theories	Lecture	MA	30

b. Supervision of Graduate Students

Name of Student	Title of Thesis	Degree	Date of Completion	Students' Achievements
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*Laliv Karo	The correlation between media use and young adolescents' sleeping quality and well being	MA	2014	96
*Lama Chiat	Exposure to media, sleep and well-being among adolescents	MA	2014	96
*Asalaa Falach Bisnan	Media use and adolescents' sleeping and well-being	MA	2014	96

*Co-supervision with Prof. Iris Haimov and Prof. Orna Chishinski.

11. Miscellaneous

a. Supervision of Exceptional Students

Year	Degree	Name of Student	Title of Thesis	Students' Achievements
2021	BA- The excellent students' program	#Shalev Goldenberg	Discrimination towards visually impaired people in the romantic context	100
2020	BA- The excellent students' program	#Manor Fraizond	Smartphones' effect on parent-child interaction during joint play	100
2019	BA- The excellent students' program	Naama Meir	Online social networks in the lives of adolescents on the autistic spectrum	100
2018	BA- The excellent students' program	Shahar Altman	Interpersonal communication in an age of multiple platforms	100
2015	BA- The excellent students' program	Dana Horin	Media contents influence on sleep, fatigue and well-being. A seminar submitted as part of a personal research	100

			program for excellent students in the department of psychology	
2015	BA- The excellent students' program	David Ben-Shitrit	The child as a player and the parent as an observer: Interactions between mothers and children while playing together a computer game	100

12. Professional Experience

Name of Institution	Position	Dates
Misgav	Educational Psychologist. A major focus of my job was to encourage and assist the educational systems I was assigned to undergo organizational changes.	2015 - 2016
Ynet, Ilimudim	Internet Forum Manager (Forum for Career Counseling and Forum for Job-Inquiries through the internet)	2004-2007
Adam-Milo	Occupational and Counseling Psychologist: As part of my job I was appointed to work in the human resource departments of "Partner" and "Netvision".	2000-2007

A member of the Israel Communication Association

A member of the Israel Psychological Association

PUBLICATIONS

Authors' relative contributions are according to the order of names unless otherwise indicated.

In articles with two authors, both authors have an equal contribution.

H-index = 5 (from Scopus)

H-index = 6 (from Google Scholar)

Journal ranking (Q) and the number of citations of each MS were taken from Scimago Journal Rank (<https://www.scimagojr.com/aboutus.php>) and Scopus® Database (Elsevier B.V.) (<https://www.elsevier.com/solutions/scopus>), respectively.

A. Ph.D. Dissertation

Alon-Tirosh, M. (2012). *Children's news programs in Israel: Texts, producers and viewers*. Doctoral dissertation submitted to Tel Aviv University. Supervisor: Prof. Dafna Lemish. 258 p. [Hebrew]

B. Scientific Books (Refereed)

No entries

C. Other Scientific Publications

No entries

D. Articles in Refereed Journals

Published

Authors' relative contributions are according to the order of names unless otherwise indicated.

The Q is adjusted to the year of publication of the article and was selected according to JCR & SJR

H-index: Web of Science = 5; Google Scholar = 8

Citations: Web of Science (without self-citations) = 63; Google Scholar = 224

Journal ranking (Q) of each manuscript were taken from Web of Science Clarivate

JCR Database (<https://jcr.clarivate.com/jcr/home?Init=Yes&SrcApp=IC2LS>) and

from Scimago Journal Rank (<https://www.scimagojr.com>). Impact Factor of each

manuscript was taken from Web of Science Clarivate JCR Database

(<https://jcr.clarivate.com/jcr/home?Init=Yes&SrcApp=IC2LS>). The number of

citations of each manuscript was taken from Google Scholar.

*1. **Alon-Tirosh, M.#**, & Ben Ben Chitrit, D.# (2025). Child-player and mother-spectator: mother-child interactions and maternal scaffolding during computer games.

Frontiers in Communication, 10, 1469168.

JCR: 5-YR IF= 2.3; IF=1.5; Quartiles: Q2 (Communication). SJR: Quartiles: Q1

(Communication).

(#,Equal contribution)

Role in the publication: I was involved in all phases of the research, including writing the paper.

*2. **Alon-Tirosh, M.#**, Hadar- Shoval, D.#, Asraf, K.#, & Fraizond, M.# (2024). The Effect of Maternal Smartphone Distraction on Mother-Child Learning-Based Interaction. *International Journal of Communication*, 18, 22.

JCR: 5-YR IF= 2.2; IF=1.5; Quartiles: Q2 (Communication). SJR: Quartiles: Q1 (Communication).

(#,Equal contribution)

Role in the publication: I was involved in all phases of the research, including writing the paper.

3. **Alon-Tirosh, M.#**, & Meir, N. #(2023). Use of social network sites among adolescents with autism spectrum disorder: a qualitative study. *Frontiers in Psychology*, 14, 1192475.

DOI: <https://www.frontiersin.org/articles/10.3389/fpsyg.2023.1192475/full>

JCR: 5-YR IF= 3.7; IF=2.9; Quartiles: Q1 (Psychology, Multidisciplinary). SJR: Quartiles: Q2 (Psychology). Number of citations: 10

(#,Equal contribution)

Role in the publication: I was involved in all phases of the research, including writing the paper.

4. Hadar-Shoval, D.#, **Alon-Tirosh, M.#**, Asraf, K.#, Tannous- Haddad, L.#, & Tzischinsky, O.# (2022). Lifestyle Changes, Emotional Eating, Gender, and Stress During COVID-19 Lockdown. *Nutrients*,14(18), 3868.

DOI: <https://www.mdpi.com/2072-6643/14/18/3868>

JCR: 5-YR IF= 6.0; IF=4.5; Quartiles: Q1 (Nutrition & Dietetics). SJR: Quartiles: Q1 (Nutrition and Dietetics). Number of citations: 23

(#,Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

5. Tannous- Haddad, L.#, Hadar-Shoval, D.#, **Alon-Tirosh, M.#**, Asraf, K.#, & Tzischinsky, O.# (2022). Differences between the Jewish Majority and the Palestinian Minority in Israel Regarding Distress during the COVID-19 Pandemic: Does Parenthood Matter? *International Journal of Environmental Research and Public Health*, 19(14), 8283.

DOI: <https://doi.org/10.3390/ijerph19148283>

JCR: 5-YR IF= 4.799; IF=3.995; Quartiles: Q1 (Public, Enviromental & Occupational Health). SJR: Quartiles: Q1 (Health). Number of citations: 4

(#Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

6. Hadar-Shoval, D.#, **Alon-Tirosh, M.#**, Asraf, K.#, Tannous- Haddad, L.#, & Tzischinsky, O.# (2022). The Association Between Men's Mental Health During COVID-19 and Deterioration in Economic Status. *American Journal of Men's Health*, 4(2), 15579883221082427.

DOI: <https://journals.sagepub.com/doi/10.1177/15579883221082427>

JCR: 5-YR IF= 2.8; IF=2.2; Quartiles: Q2 (Public, Environmental & Occupational Health). SJR: Quartiles: Q1 (Health). Number of citations: 21

(#Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

7. **Alon-Tirosh, M.#**, Hadar-Shoval, D.#, Asraf, K.#, Tannous-Haddad, L.#, & Tzischinsky, O.# (2021). The Association between Lifestyle Changes and Psychological Distress during COVID-19 Lockdown: The Moderating Role of COVID-Related Stressors. *International Journal of Environmental Research and Public Health*, 18(18), 9695.

JCR: 5-YR IF= 4.799; IF=3.995; Quartiles: Q1 (Public, Environmental & Occupational Health). SJR: Quartiles: Q1 (Health). Number of citations: 28

(#Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

8. Hadar-Shoval, D.#, & **Alon-Tirosh, M.#** (2019). Acquiring political knowledge: The unique and joint contributions of various socialization agents to the acquisition of political knowledge among elementary school children. *Journal of Children and Media*, 13(2), 163-179.

JCR: 5-YR IF= 3.2; IF=1.8; Quartiles: Q1 (Social Sciences, Multidisciplinary). SJR: Quartiles: Q1 (Communication). Number of citations: 6

(#Equal contribution)

Role in the publication: I was involved in all phases of the research, including writing the paper.

9. Hadar-Shoval, D.#, **Alon-Tirosh, M.#**, & Morag, H. (2019). Social relations between students from two groups in conflict: Differences in stereotypes and perceived social distance between Jewish and Arab nursing students. *Nurse Education Today*, 78, 5-9. JCR: 5-YR IF= 4.9; IF=3.7; Quartiles: Q1 (Education, Scientific Disciplines). SJR: Quartiles: Q1 (Education). Number of citations: 9
(#Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

10. **Alon-Tirosh, M.#**, & Berger, O. #(2019). Who sexually exploited whom? The framing of the girls in the press coverage of "The Famous Singer and Minors Affair." *Migdar*, 6. (In Hebrew, IF=NA, Peer-reviewed journal).

(#Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

11. **Alon-Tirosh, M.#**, Hadar-Shoval, D.#, & Marshi-Sakran, N.# (2018). News consumption and identity: The case of adolescent girls belonging to a minority group. *Psychology*, 9, 2718-2730. (IF=NA, Peer-reviewed journal).

(#Equal contribution)

Role in the publication: I contributed to the conceptualization of the study, data analysis, review of the literature, writing the paper, paper revision (during the publication process), and approved the final version of the manuscript.

12. **Alon-Tirosh, M.** (2017). Children and News: Opinions of Children's News Program Creators in Israel. *Journal of Children and Media*, 11(2), 132-146.

DOI: <http://doi.org/10.1080/17482798.2017.1302489>

JCR: 5-YR IF= 3.2; IF=1.8; Quartiles: Q1 (Social Sciences, Multidisciplinary). SJR: Quartiles: Q1 (Communication). Number of citations: 36

13. **Alon-Tirosh, M.#**, & Hadar-Shoval, D.# (2016). Leadership and identity politics on the eve of the Israeli 2015 elections: Children's perspectives. *Israel Affairs*, 22(3/4), 697-710.

DOI: <https://doi.org/10.1080/13537121.2016.1174372>

JCR: 5-YR IF= 0.6; IF=0.5; Quartiles: Q2 (Area Studies). SJR: Quartiles: Q1 (Cultural Studies). Number of citations: 3

(See also Articles or Chapters in Scientific Books)

(#Equal contribution)

Role in the publication: I was involved in all phases of the research, including writing the paper.

14. **Alon-Tirosh, M.#** & Lemish, D.# (2014). "If I was making news": What do children want from the news? *Participations: Journal of Audience & Reception Studies*, 11(1), 108-129. (IF=NA, Peer-reviewed journal).

Number of citations: 74

(#Equal contribution)

Role in the publication: I was involved in all phases of the research, including writing the paper.

E. Articles or Chapters in Scientific Books

Published

1. **Alon-Tirosh, M.**, & Hadar-Shoval, D. (2017). Leadership and identity politics on the eve of the Israeli 2015 elections: Children's perspectives. In E. Orkibi & M. Gerstenfeld (Eds.), *Israel at the Polls 2015: A Moment of Transformative Stability* (pp. 125-138). Routledge.

(See also Articles in Refereed Journals).

2. Lemish, D., & **Alon-Tirosh, M.** (2014). "I was really scared": A cross-cultural comparison of reconstructing childhood's fearful viewing experiences. In M. Moshe (Ed.), *The Emotions Industry*. Nova Science Publishers.

F. Articles in Conference Proceedings

Published

1. **Alon-Tirosh, M.**, Abolafia, T., & Azeypry, A. (2015). "It was scary, sad and on TV all the time" Memories from exposure to news events in childhood. *Israel Communication Association conference* (pp. 137-140), The Open University, Israel [Hebrew].

2. **Alon-Tirosh, M.** (2013). "Has the apple fallen far from the tree?" Mothers' and children's stances about children watching the news. *Israel Communication Association Conference* (122-125), Bar Ilan University, Israel [Hebrew].

3. **Alon-Tirosh, M.** (2012). Israeli children are for watching news. *Israel Communication Association conference* (pp. 90-94), Tel Aviv University, Israel [Hebrew].

G. Entries in Encyclopedias

No entries

H. Other Scientific Publications

No entries

I. Other Publications

No entries

J. Other Works Connected with my Scholarly Field

No entries

K. Submitted Publications

1. **Alon-Tirosh, M.**, & Asraf, K. (submitted). From Threat to Volunteering: Psychological Distress as a Mediating Mechanism during the Iron Swords War. *Nonprofit and Voluntary Sector Quarterly*.
JCR: 5-YR IF= 3.1; IF=2.2; Quartiles: Q1 (Social Issues). SJR: Quartiles: Q1 (Social Sciences, Multidisciplinary).