

Name: Rinat Lifshitz

Date: 12.11.2025

CURRICULUM VITAE

1. Personal Details

Name: Rinat Lifshitz

Permanent Home Address: Boxer 20, Ness-Ziona 74057, Israel

Current Office Address: M.A., Community Gerontology, The Max Stern Yezreel Valley College, Israel

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2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2013 - 2016	Ben-Gurion University of the Negev, Israel Public Health (Gerontology) and Communication Studies	Ph.D.	2017
2010 - 2011	Tel Aviv University, Israel Labor Studies Thesis Dissertation completion Cum Laude	M.A.	2011
1998 - 2000	Webster University, U.S.A, Management Summa Cum Laude	M.A.	2000
1995 - 1998	Tel Aviv University, Israel Labor Studies Cum Laude	M.A.	2011
1992 – 1995	Ben-Gurion University of the Negev, Israel	B.A.	1996

	Behavioral Studies (Psychology, Sociology and Anthropology) Cum Laude		
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B. Post-Doctoral Studies

Period of Study	Name of Institution, Department and Host	Degree	Year of Completion
2016 - 2018	Tel-Aviv University, Israel, Herczeg Institute on Aging, Host: Prof. Dov Shmotkin	Post-Doc scholar	2018

C. Professional Development – Completion diplomas

Period of Study	Name of Institution and Department	Program Topic
2007-2008	Gevim – Mediation Education Center Herzelia in collaboration with Israel Ministry of Justice	Practicum in Mediation – advance training course
2006 - 2007	Gevim – Mediation Education Center Herzelia	Mediation - Basic course

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2024 - 2025	Tel-Aviv University, Israel M.A. in Social Work	Teaching associate
2022 - present	The Max Stern Yezreel Valley College, Israel M.A. in Community Gerontology	Senior Lecturer
2002 - 2024	The Open University of Israel, Department of Management and Economics - M.B.A. program	Teaching associate
2016-2018	Tel-Aviv University, Israel The Herczeg Institute on Aging Host: Prof. Dov Shmotkin	Post-doc research associate
2016-2022	Ben-Gurion University of the Negev, Israel, M.A. in Public Health, B.A. in Communication Studies	Teaching associate

4. Offices in Academic Administration

*Since receiving senior lecturer rank

Dates	Name of Institution	Rank/Position
2024-present	The Max Stern Yezreel Valley College, Israel, MA in Community Gerontology	*Department head
2025 - present	The Max Stern Yezreel Valley College, Israel, Institutional MA studies Committee	*Member
2023 - present	The Max Stern Yezreel Valley College, Israel - M.A. in Community Gerontology, Admissions Committee	Member
2023 - present	The Max Stern Yezreel Valley College, Israel - M.A. in Community Gerontology Teaching Committee	Member
2023 - present	The Max Stern Yezreel Valley College, Israel - M.A. in Community Gerontology	Leading the managerial practicum
2022 - 2024	The Max Stern Yezreel Valley College, Israel - M.A. in Community Gerontology	Student Advisor
2022-2024	The Max Stern Yezreel Valley College, Israel - Institution Scholarship Committee	Member
2022-2024	The Open University of Israel Department of Management and Economics M.B.A. program	Course coordinator 'Current issues in HRM'
2019 - 2021	Ben-Gurion University of the Negev, Israel M.A. in Public Health (Gerontology)	Internship coordinator – 'Management of housing institutions for the elderly'

5. Scholarly Positions and Activities outside the Institution

Dates	Name of Institution and Department	Rank/Position
2022-2023	German - Israeli Minerva School "Social networks and health inequalities in ageing societies"	Co - investigator
2018	A working group on "Transgenerational Transmission of Trauma in Descendants of Victims of Nazi Persecution", Cologne, Germany	Co - investigator

	Funded by the Foundation of Remembrance, Responsibility and Future, and the Federal Foreign Office in Germany	
2018 - 2020	The National Palliative Care Program in Israel - Israel Ministry of Health, Department of Geriatrics in collaboration with Eshel Joint - Israel	Head of training Programs for health professionals

Years	Memberships in professional associations and organizations
2025 - present	*COST Action CA21107
2025 - present	*Educational Gerontology SIG – The British Society of Gerontology
2013 - present	Israel Gerontological Society (IGS)
2021 - 2024	Tmicha - Israel Association for Palliative Care - Board member
2013 - 2016	Israel Communication Association (ISCA)

Years	Reviewing for refereed journals	Rank
*2025	Gerontology and Geriatrics, Journal of Aging Studies(Hebrew)	-
*2025	Ethics & Behaviors	IF= 1.8, Q2
2024	Death Studies	IF= 3.8, Q1 in Clinical Psychology
2024	Society & Welfare Journal (Hebrew)	-
2023	Ageing and Society	IF= 2.98, Q2 in Geriatric and Gerontology
2023	Research on Aging	IF= 3.1, Q1 in Social Psychology
2023; 2024	Aging and Mental Health	IF= 3.8, Q1 in Gerontology
2022	BMC Psychiatry	IF= 4.4, Q1 in Psychiatry and Mental Health

Years	Review of M.A. Thesis
2024	Not just child's game: The gaming experience among old gamers. Ben Gurion University of the Negev, Faculty of Humanities and Social Science, Department of Communication
Years	Review of M.A. final thesis
2022; 2023; 2024	MA Program in Clinical Psychology of Adulthood and Aging, Faculty of Social & Community Sciences, Ruppin Academic Center, Emek Hefer, Israel

6. Participation in Scholarly Conferences

* Since receiving senior lecturer rank

A. Active Participation

International Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
*Nov. 2025	GSA2025 International Conference	Boston, USA	Forgotten Grievors: Grandparents' Unheard Voices in the Mourning of Grandchildren from the 'Swords of Iron' War	Oral Presentation by co-author
*Oct. 2025	25 th World Congress of Psychiatry	Prague, Czech Republic	Mental Health and Digital Engagement of Displaced Persons: Examining the Well-Being of Older Adults from a Gendered Perspective	e-poster and Oral presentation
*Dec. 2024	Older Women Living in Conflictual and War-Ridden Situations: An Intersectional Project - An International Workshop	Frankfurt, Germany	Risk Perception and Well-being of Older Women Facing War and Terror	Oral presentation
*Dec. 2024	Older Women Living in Conflictual and War-Ridden Situations: An Intersectional Project - An International Workshop	Frankfurt, Germany	The effect of displacement during Extreme circumstances on Digital Engagement and Well-Being of Older Adults - A Gendered Perspective	Oral presentation

*Dec. 2024	Older Women Living in Conflictual and War-Ridden Situations: An Intersectional Project - An International Workshop	Frankfurt, Germany	Forgotten Grievors: The Unheard Voice of Grandmothers' Grief for Grandchildren who Died During The "Swords of Iron" War	Oral presentation
*Nov. 2024	GSA2024 International Conference	Seattle, USA	The Association between Digital Engagement of Older Adults and Displacement During Armed-Conflict Circumstances.	Oral presentation
Sep. 2024	The 10th European Communication conference	Ljublijana, Slovenia.	Media displacement among older internet users: A cross-national longitudinal study.	Oral presentation
Sep. 2024	2024 Annual Meeting of the Socio-Gerontechnology Network	Vienna, Austria.	Perceived surveillance and technostress among older employees.	Oral presentation
Sep. 2024	The European Sociological Association (ESA) 16th conference	Porto, Portugal	Older adults' attitudes towards using Euthanasia at the end-of life: Cancer versus Parkinson's disease	Oral presentation
August 2024	International Conference on English Studies, Women Empowerment, Education & Social Sciences	Sofia, Bulgaria	Attitudes of older adults towards using Euthanasia at the end-of life in different terminal illnesses.	Oral presentation

May, 2024	Global Conference on Aging and Gerontology	Munich, Germany	Attitudes of older adults towards using Euthanasia at the end-of life in different terminal illnesses	Poster presentation
September 2023	German-Israel Minerva School	Dortmund, Germany	Networks and health inequalities in ageing societies	Oral presentation and work groups
September 2023	Age and Care Graz 2023: Aging in a Caring Society? Theories in Conversation	The Center for Interdisciplinary Research on Aging and Care (CIRAC), University of Graz in Austria	Later life as a daring experience: factors associated with older adults' risk perception and care practices	Poster presentation
April, June and October 2018	Transgenerational Transmission of Trauma in Descendants of Victims of Nazi Persecution	Cologne, Germany	Offspring of holocaust survivors (OHS) - 2 nd and 3 rd generations: aging and cumulative adversities	Oral presentation and work groups
July 2016	3 rd International Sociological Association (ISA) Forum of Sociology	Vienna, Austria	Information and Communication Technology (ICT) and well-being: Living under continues threats.	Oral presentation
July 2016	3 rd International Sociological Association (ISA) Forum of Sociology	Vienna, Austria	Risk Perception in Later life: The Internet use as a buffer	Oral presentation

National Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
*Sep. 2025	Health Promotion Across the Life Cycle	The Max Stern Yezreel Valley College	Chair of the session - Health Promotion in Old Age	Member of the scientific committee and the organizing committee

*Sep. 2025	The 15 th Annual Health Conference	Tel Aviv, Israel	Personal and Organizational Characteristics Related to the Level of Job Burnout Among Nurses Working in Geriatric Medical Centers in Israel	Poster presentation
*April. 2025	Senior citizens at War	Haifa, Israel	The effect of displacement during Extreme circumstances on Digital Engagement and Well-Being of Older Adults	Oral presentation
*Feb. 2025	14 th Espanet Israel	Tel Aviv, Israel	Forgotten griever: The unheard voice of grandparents' grief for grandchildren who died during The "Swords of Iron" war	Oral presentation
Sep. 2024	25 th Biennial Meeting of Israel Gerontological Society	Jerusalem, Israel	Older adults' attitudes towards using Euthanasia at the end-of life: Cancer versus Parkinson's disease	Oral presentation
Sep. 2024	25 th Biennial Meeting of Israel Gerontological Society	Jerusalem, Israel	Ageing during "Swords of Iron" war	Chair
Sep. 2024	25 th Biennial Meeting of Israel Gerontological Society	Jerusalem, Israel	The effect of displacement during Extreme circumstances on Digital Engagement and Well-Being of Older Adults	Oral presentation

May 2023	The 15 th Annual Health Conference	Tel Aviv, Israel	Resilience and Vulnerability in Israeli Geriatric Medical Centers During an Ongoing Health Crisis and Continuous Uncertainty	Poster presentation
December 2022	The Annual Conference of Palliative Care	Ramat Gan, Israel	From despair to hope at the end of life	Chair
July 2022	24 th Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Contact Between Adult Children and Parents, Emotional Closeness and Children's Life Satisfaction.	Oral presentation
July 2022	24 th Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Paid family caregivers - MATAV	Panel participation
July 2022	24 th Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Spirituality and wellbeing among older Israeli women.	Oral presentation
July 2022	24 th Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Later life as a daring experience: Factors explaining older adults' risk perception.	Poster presentation
February 2020	23 rd Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Social support as a buffer in the relationships between risk perception and wellbeing	Poster presentation
February 2020	23 rd Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Inventory of Complicated Grief - Israeli elderly experiencing bereavement	Oral presentation
February 2018	22 nd Biennial Meeting of Israel	Tel Aviv, Israel	When the hostile-world scenarios realized: the case of bereaved parents 2 nd	Oral presentation

	Gerontological Society		generation of holocaust survivors	
February 2018	22 nd Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Spirituality and wellbeing in later life: A multidimensional approach	Oral presentation
July 2017	Aging in a hostile world: Resilience or vulnerability?	Herczeg Institute on Aging at Tel Aviv University, Tel Aviv, Israel	Coping with trauma as the time from its onset goes by: Findings from samples of older bereaved parents and older adults with physical disabilities.	Oral presentation
May 2017	The 12 th Annual Health Conference	Tel Aviv, Israel	Developing a new measure for evaluating risk perception in later life	Poster presentation
May 2017	The 12 th Annual Health Conference	Tel Aviv, Israel	The role of the Information and Communication Technology (ICT) in elderly's well-being	Poster presentation
April 2017	The 2017 Annual Conference Israel Communication Association	Sapir Academic College, Israel	Information and Communication Technology (ICT) in later life - A functional approach	Oral presentation
March 2017	Bi-national conference: Aging well - Tel Aviv University & Heinrich-Heine-University Düsseldorf (Conducted under the auspices of the Herczeg Institute on Aging, TAU	Tel Aviv University, Tel Aviv, Israel	Living under extreme stress: the role of the Internet in later life	Oral presentation

September 2016	International workshop collaboration on: Cross-Cultural and Cross-Societal Contexts of Elder-Care: Research, Policy and Practice Implications - Supported by the Israel the Israel Science Foundation (ISF) and Pfizer	The Max Stern Yezreel Valley College, Israel	Internet use, social support and well-being in later life	Oral presentation
February 2016	21 th Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Internet use and well-being in later life: A midway-level approach	Oral presentation
February 2016	21 th Biennial Meeting of Israel Gerontological Society	Tel Aviv, Israel	Measuring risk perception in later life: The perceived risk scale (PRS).	Poster presentation
June 2015	The Internet and the Elders, organized by the Orange Institute for Internet Studies and the Herczeg Institute on Aging	Tel Aviv University, Tel Aviv, Israel	Internet use as promoting well-being in later life	Oral presentation
December 2013	Gerontological Data Center at the Hebrew University of Jerusalem - SHARE -Israel users conference	Tel Aviv University, Tel Aviv, Israel	An examination of the effect of subjective well-being and intergenerational transfers on the decision of individuals over the age of 55 to retire from the labor market in Israel	Oral presentation

7. Invited Lectures\ Colloquium Talks

* Since receiving senior lecturer rank

Year	Place of Lecture	Name of Forum	Subject of Lecture	Presentation /Comments
*2025	Baden-Wuerttemberg Cooperative State University Heidenheim, Germany	International cooperation with the Faculty of Social Work, Department Social Management	1. Providing and funding care for older adults at home, in the community, and in long-term facilities in Israel 2. Loneliness among older adults and the influence of digital solutions –	Oral presentations
*2025	MISHAN-senior living	Social Services Managers of the Assisted Living Network	Aging Between Fragility and Resilience: The Role of Social and Personal Resources	Oral presentation
*2025	Matav Association	Managers of Social Clubs for the Elderly in the Periphery of Israel	1.Emotional Aspects of Aging 2.Psychological Aspects of Aging 3.Spiritual Health and Mental Well-being in Aging	Oral presentations via zoom
*2025	Ben-Gurion University of the Negev, Beer Sheva	Symposium on successful aging through a psychosocial lens – Bridging research and therapeutic practice	Spiritual health, well-being and successful aging	Oral presentation
*2025	Mishan - Holon	Directors of Social Services in Mishan's Assisted Living Facilities	Understanding the Role of Gerontologists in Aging and	Oral presentation

Year	Place of Lecture	Name of Forum	Subject of Lecture	Presentation /Comments
			Residential Care Settings	
*2025	Ahuzat Poleg	Israel Gerontological Society - Gerontology as a Profession	Where are gerontology study programs headed?	Participation in the panel of heads of Gerontology departments
*2024	AgingIL	MeetUP	Digital needs and gaps of displaced older persons during Israel-Hamas war	Oral presentation via zoom
2022	Israel - Zoom	The Minister of Welfare	Vulnerability and resilience – Holocaust survivors	Oral presentation via zoom
2021	Training center – Tel Hashomer Hospital	Eshel – Joint Israel	Ageing in Israel	Oral presentation

8. Research Grants

A. Grants Awarded

* Since receiving senior lecturer rank

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year	Articles
*Co-PI	Dr. Yuval Paldi (PI)	Evaluation of "Family Space" Program	The Fund for Victims of Terror established by the Jewish Agency 150,000 NIS	2025-2027	
*PI	Dr. Yasmin abud-halabi	The Experience of Bereavement Among Grandparents in the Arab Society in Israel:	The Max Stern Yezreel Valley College	2025	

		Characteristics and Coping Mechanisms	14,162 NIS		
*Co-PI	Dr. Inbal Halevi Huchvald, Dr. Gila Yaakov, Dr. Moti Heimi and Dr. Dana Peer	Identifying the Needs and Emotions of Patients with Dementia through the Nonviolent Communication Model.	The Max Stern Yezreel Valley College 15,000 NIS	2025	
*PI	Prof. Dr. Roman Grinblat, LL.M. Faculty Social Work Department Social Management - DHBW Heidenheim - Baden-Wuerttemberg Cooperative State University Heidenheim	International Academic Staff Collaboration Fellowship	International office, The Max Stern Yezreel Valley College - 12,000 NIS	2025	
*Co-PI	Prof. Shiran Bord, Dr. Carmit Saturn	Provision of support services and evaluation of the partnership process for promoting health and nutrition in the cluster.	Galilee and Valleys Cluster – 100,000 NIS	2025	
*PI	Prof. Yaacov Bachner	Examining psychosocial and organizational characteristics related to burnout among nurses in geriatric medical centers	The Max Stern Yezreel Valley College 10,318 NIS	2024	

*Co-PI	Dr. Ilie Kermel Schiffman (PI)	Forgotten griever: The unheard voice of grandparents' grief for grandchildren who died on October 7th and during "Swords of Iron" war	The Israel National Insurance Research Fund 127,000 NIS	2024	
Co-PI	Dr. Yuval Paldi (PI)	Age Friendly Environments – Program evaluation	The Israel National Institute for Health Policy and Health Research, 400,000 NIS	2023-2025	
PI	Dr. Aya Ben Eliazar Mrs. Irit Asher	Resilience and vulnerability indicators among healthcare workers in Israeli Geriatric Medical Centers during the Coronavirus crisis.	The Open University of Israel- 40,000 NIS	2021-2022	No. 3
Co-PI	Prof. Dov Shmotkin Dr. Kfir Ifrah (PI)	Aging in the face of a Hostile-World Scenario: A conceptual and empirical investigation of physical and mental health among older adults experiencing disadvantageous or distressed lives	Grant funding from the Israel Ministry of Science 30,000 NIS	2016-2017	No. 5,6,7

B. Submission of External Research Proposals – Pending

Role in Research	Co-Researchers	Topic	Funded by	Year
*Co - PI	Dr Ile Kermel-Schiffman	Health Behaviors and Use of Health Services Among Bereaved Grandparents Who Lost Their Grandchildren in the "Iron Swords" War	The Israel National Institute For Health Policy Research	2025
*Co - PI	Dr Ile Kermel-Schiffman Prof. Ella Cohn-Schwartz	Bereaved Grandparents: Examining Multigenerational Relationships and the Sense of Personal and Family Well-Being	The Ministry of Welfare and Social Affairs	2025
*Co - PI	Prof Amit Shrira Dr. Liron Ben-ezra Dalia Sivan	Healing Through Community: The Role of AMCHA's Psychosocial Clubs in Enhancing Holocaust Survivors' Well-Being	The Claim Conference	2025

C. Submission of Research Proposals – Not Funded

Role in Research	Co-Researchers	Topic	Funded by	Year	Score
*Co - PI	Dr. Motti Heimi	Empowering Digital Health Literacy in Older Adults through Their Grandchildren	Dalia and Eli Horowitz Foundation	2025	Very good

*PI	Dr. Yasmin abud-halabi	The Experience of Bereavement Among Grandparents in the Arab Society in Israel: Characteristics and Coping Mechanisms	The Israel National Institute for Health Policy and Health Research	2025	-
*Co - PI	Dr. Motti Heimi	Empowering Digital Health Literacy in Older Adults through Their Grandchildren	HIT Technological Institute and the Max Stern Yezreel Valley College	2025	-
Co-PI	Dr. Ile Kermel Schiffman	Forgotten griever: The unheard voice of grandparents' grief for grandchildren who died on October 7th and during "Swords of Iron" war	The Israel National Institute for Health Policy Research	2024	-
PI	Dr. Yaacov Bachner	Examining psychosocial and organizational characteristics related to burnout among nurses in geriatric medical centers	The Israel National Institute for Health Policy Research	2024	-

PI	Dr. Shamir-Balderman Orit and Dr. Shamir Michal (Co-IP)	The role of intergenerational knowledge transfer processes in family firms' organizational learning in Israel in time of a national-security crisis	Raya Strauss Center for Family Business Research, Coller School of Management, Tel Aviv University 30,000 NIS	2024	-
PI	Dr. Itay Menhaim and Prof. Ella Cohn-Schwartz (Co-IP)	Digital needs and gaps of displaced older persons during extreme conflict (disaster) circumstances	The Minerva Center on Intersectionality in Ageing	2024	-
Co – PI	Dr. Ile Kermel Schiffman Dr. Ayala Eliahu Mrs. Galia Rosenberg	Forgotten griever: A voice unheard of grandparents' grief over grandchildren who died on October 7 th and during the 'War of Iron Swords'	The Minerva Center on Intersectionality in Ageing	2024	-
PI	Dr. Shamir-Balderman Orit and Dr. Shamir Michal (Co-IP)	The Role of Intergenerational Knowledge Transfer Processes in Family Firms' Organizational Learning in Israel	Raya Strauss Center for Family Business Research, Coller School of Management, Tel Aviv University 30,000 NIS	2023	-

Researcher	Dr. Bord, S., Dr. Halperin, D., Dr. Mashiach-Eizenberg, M., Dr. Arieli, D., & Dr. Darvish, T.	Evaluation study of the "Human Capital Development - Support Groups for Caregivers of the Elderly in the Community" program	Israel National Insurance Research Fund	2022	Very good (one of two best proposals)
Researcher	Prof. Koton, S., Prof. Shmotkin, D., & Dr. Bluvstein, I.	Investigating critical threats that compose hostile-world scenarios among middle-aged and older adults: The role of attentive aging in facing life adversities	The James S. McDonnell Foundation	2021	Good

9. Teaching

A. Courses Taught in Recent Years

Year	Name of Course	Type of Course	Degree	Number of Students
2025 - present	Vulnerability and resilience in old age and aging	Lecture	M.A.	50
2025 - present	Successful aging in health organizations	Lecture	M.A.	50
2024 - present	Issues in promoting successful aging in social work	Lecture	B.A.	30
2023 - present	Planning and developing programs for the elderly in the community	Workshop	M.A.	30
2023 - present	Managing services for the elderly living in the community	Lecture	M.A.	30
2023 - present	Practicum in community gerontology	Workshop	M.A.	10
2022 - present	Social policy for elders in Israel	Lecture	M.A.	30
2022 - present	Ageing and the elderly	Lecture	B.A.	150

2022 - 2023	The elder person and his family	Seminar	BA	20
2019 - 2024	Current Issues in Human Resource Management	Lecture	MA	90
2021 - 2022	The elderly and their families	Lecture	MA	60
2021 - 2022	Community-based services for older adults	Lecture	MA	60
2019 - 2022	Managing Nursing Homes	Lecture and Seminar	MA	10
2002 - 2022	Human resource management	Lecture	BA	40
2002 - 2021	Organizational behavior - Macro	Lecture	BA	20
2014 - 2021	Management and organizational behavior	Lecture	MA	40
2018-2019	Aging in a digital era	Lecture	BA	40
2018	Culture and management	Lecture	MA	20
2018	Psychology of aging	Lecture	MA	40
2016-2018	Social psychology of the Internet	Lecture	BA	40
2016-2018	Psychology and organizational behavior	Lecture	BA	80
2016	Performance appraisal at work: Evolution and change	Lecture	MA	20
2015-2017	Management projects	Seminar	BA	10
2014-2018	Stress and burnout in the workplace	Lecture	BA	40
2014-2018	Managing work teams	Lecture	BA	40
2014-2018	Aspects of the workplace	Seminar	BA	20

PUBLICATIONS

A. Ph.D. Dissertation

Title: "Internet, spirituality, and social support: Buffering the impact of risk-related stress on well-being in later life". (Hebrew, 162 pages).

Approval date: 28.06.2017

Supervisors: Prof. Galit Nimrod and Prof. Yaacov G. Bachner.

Department of communication and Department of public health, Ben Gurion University of the Negev.

B. Scientific Books

Lifshitz, R., Waismel-Manor, R. Wasserman, V. (2020). Contemporary issues in Human Resource Management for M.B.A program – A guidebook for students (literature review). The Open University of Israel. (Hebrew, 181 pages).

C. Articles in Refereed Journals

Published

- Total citation 366 H-index 6 (Google Scholar)
- Total citation 194 H-index 6 (Scopus)
- Journal ranking (Q) and the number of citations of each MS were taken from the Web of Science JCR (Journal Citation Report).

* Since receiving senior lecturer rank

1. * **Lifshitz, R.**, Ben Eliazar, A., & Asher, I. (2025). Resilience and vulnerability indicators among healthcare workers in Geriatric Medical Centers during the Coronavirus crisis: The importance of morale. *Educational Gerontology* (in press, Q2, IF = 1.1). <http://dx.doi.org/10.1080/03601277.2025.2564523>

Role in the publication: Rinat Lifshitz initiated the study, contributed to the conceptualization of the study, development of the research design and methods, data curation and resources, data analysis, review of the literature, wrote the paper, revised the paper, and approved the final version of the manuscript.

2. * Nimrod, G., Rosenberg, D. & **Lifshitz, R.** (2025). Perceived surveillance and technostress among older employees. *Journal of Global Ageing* (no Q and IF - new journal for 2024 published in association with the British Society of Gerontology). (Published online ahead of print). Retrieved Sep. 24, 2025, from <https://doi.org/10.1332/29767202Y2025D000000029>

Role in the publication: Rinat Lifshitz was involved in the development of research design, paper revision, and approving the final version of the manuscript.

3. * Mannheim, I., **Lifshitz, R.**, Bachner, Y., & Cohn-Schwartz, E. (2025). The effect of displacement during extreme circumstances on digital engagement and well-being among older adults. *American Journal of Geriatric Psychiatry*. <https://doi.org/10.1016/j.jagp.2025.03.004>. (Q1, IF = 4.4).

Role in the publication: Rinat Lifshitz co-initiated the study, contributed to developing of the research design, Wrote the review of the literature, revised the paper, and approved the final version of the manuscript.

4. **Lifshitz, R.,** Bachner, Y., & Carmel, S. (2024). Older adults' attitudes towards using Euthanasia at the end-of life: Cancer versus Parkinson's disease. *Frontiers in Public Health, 12*. <https://doi.org/10.3389/fpubh.2024.1393535>. (Q1, IF = 3.0; 1 citation in Scopus, 1 in Google Scholar).
- Role in the publication:** Rinat Lifshitz contributed to the conceptualization of the study, analyzed the data and wrote most of the manuscript, revised and finalized it.
5. **Lifshitz, R.,** Bachner, Y., & Nimrod, G. (2023). Later life as a daring experience: Factors associated with older adults' risk perception. *Journal of Gerontological Social Work, 66*(6), 793-810. <https://doi.org/10.1080/01634372.2023.2177920> (Q2, IF=1.5; 3 citations in Scopus, 3 in Google Scholar).
- Role in the publication:** Rinat Lifshitz contributed to developing the research design, data analysis, review of the literature, wrote the paper, and approved the final version of the manuscript.
6. **Lifshitz, R.,** Asher, I., Ben Eliezer, A., Prager Geller, T., Zalyesov, E., Shugaev, I., Mendelson, G., & Sason, A. (2023). "Have your finger on the pulse": Resilience and vulnerability in Israeli geriatric medical centers during an ongoing health crisis and continuous uncertainty. *Gerontology and Geriatrics, Journal of Aging Studies, 50*(3), (Hebrew). (No IF).
- Role in the publication:** Rinat Lifshitz initiated the study, contributed to the conceptualization of the study, development of the research design and methods, data curation and resources, data analysis, review of the literature, wrote the paper, revised the paper, and approved the final version of the manuscript.
7. **Lifshitz, R.** (2022). Spirituality and wellbeing among older Israeli women. *Gerontology and Geriatrics, Journal of Aging Studies, 49*(1-2), 135-154 (Hebrew). (No IF).
- Role in the publication:** Rinat Lifshitz initiated the study, contributed to the conceptualization of the study, development of the research design and methods, data curation and resources, data analysis, review of the literature, wrote the paper, revised the paper, and approved the final version of the manuscript.
8. Bluvstein, I., Ifrah, K., **Lifshitz R.,** Markovitz N., & Shmotkin, D. (2021). Vulnerability and resilience in sensitive research: The case of the quantitative researcher. *Journal of Empirical Research on Human Research Ethics, 16*(4), 396-402. <http://doi.org/10.1177/15562646211027418> (Q2, IF=1.7; 6 citations in Scopus, 12 in Google Scholar).
- Role in the publication:** Rinat Lifshitz was involved in developing the research design, paper revision, and approving the final version of the manuscript.
9. **Lifshitz, R.,** Ifrah, K., Markovitz, N., Bluvstein, I., & Shmotkin, D. (2020). Inventory of Complicated Grief - Factor structure among middle-aged and older bereaved parents. *Death Studies, 46*(1), 200–207. <http://doi.org/10.1080/07481187.2020.1725931> (Q2, IF= 2.1; 8 citations in Scopus, 15 in Google Scholar).

Role in the publication: Rinat Lifshitz contributed to developing the research design (e.g., choice of research tools, designing the measures), data analysis, review of the literature, wrote the paper, revised the paper, and approved the final version of the manuscript.

10. **Lifshitz, R.,** Ifrah, K., Markovitz, N. & Shmotkin, D. (2019). Do past and prospective adversities intersect? Distinct effects of cumulative adversity and the hostile-world scenario on functioning at later life. *Aging and Mental Health, 24 (7)*, 1116-1125. <http://doi.org/10.1080/13607863.2019.1597014> (Q2, IF= 2.8; 12 citations in Scopus, 15 in Google Scholar).

Role in the publication: Rinat Lifshitz contributed to developing the research design, data analysis, review of the literature, wrote the paper, and approved the final version of the manuscript.

11. **Lifshitz, R.,** Nimrod, G., & Bachner, Y. (2018). Spirituality and wellbeing in later life: A multidimensional approach, *Aging and Mental Health, 23(8)*, 984-991. <http://doi.org/10.1080/13607863.2018.1460743>. (Q2, IF= 2.8; 44 citations in Scopus, 101 in Google Scholar).

Role in the publication: Rinat Lifshitz contributed to developing the research design, data analysis, review of the literature, wrote the paper, and approved the final version of the manuscript.

12. **Lifshitz, R.,** Nimrod, G., & Bachner, Y. (2016). Internet use and well-being in later life: A functional approach. *Aging and Mental Health, 22(1)*, 85-91. <http://doi.org/10.1080/13607863.2016.1232370> (Q2, IF= 2.8; 108 citations in Scopus, 185 in Google Scholar).

Role in the publication: Rinat Lifshitz contributed to developing the research design, data analysis, review of the literature, wrote the paper, and approved the final version of the manuscript.

13. **Lifshitz, R.,** Nimrod, G., & Bachner, Y. (2016). Measuring risk perception in later life: The perceived risk scale. *Journal of the American Psychiatric Nurses Association, 22 (6)*, 469-474. <http://doi.org/10.1177/1078390316659910> (Q2, IF= 1.5; 12 citations in Scopus, 28 in Google Scholar).

Role in the publication: Rinat Lifshitz contributed to developing the research design, data analysis, review of the literature, wrote the paper, and approved the final version of the manuscript.

D. Articles in Conference Proceedings

1. Mannheim, I., **Lifshitz, R.,** Bachner, Y., & Cohn-Schwartz, E. (2024). The effect of displacement during extreme circumstances on digital engagement and well-being among older adults. *Innovation in Aging*, Volume 8, Issue Supplement_1, December 2024, Page 506, <https://doi.org/10.1093/geroni/igae098.1654>
2. **Lifshitz, R.,** Bachner, Y., & Carmel, S. (2024). Older adults' attitudes towards using Euthanasia at the end-of life: Cancer versus Parkinson's disease. The European Sociological Association (ESA) 16th conference, <https://bit.ly/4hk0GeG>

3. **Lifshitz, R.**, Bachner, Y., & Nimrod, G. (2023). Later life as a daring experience: Factors associated with older adults' risk perception. *Innovation in Aging*, Volume 7, Issue Supplement_1, December 2023, Page 945, <https://doi.org/10.1093/geroni/igad104.3035>
4. **Lifshitz, R.**, Asher, I., Ben Eliezer, A., Prager Geller, T., Zalyesov, E., Shugaev, I., Mendelson, G., & Sason, A. (2023). Resilience and vulnerability in geriatric medical centers during an ongoing health crisis. *Innovation in Aging*, Volume 7, Issue Supplement_1, December 2023, Pages 887–888, <https://doi.org/10.1093/geroni/igad104.2856>
5. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). Internet use and well-being in later life: A midway-level approach. 3rd ISA Forum of SOCIOLOGY, pages 414-415. https://www.isa-sociology.org/uploads/files/isa2016_forum_abstract_book.pdf
6. **Lifshitz, R.**, Nimrod, G., & Bachner, Y. (2016). Measuring risk perception in later life: The perceived risk scale. 3rd ISA Forum of SOCIOLOGY, pages 415. https://www.isa-sociology.org/uploads/files/isa2016_forum_abstract_book.pdf

E. Submitted for Publications

Articles submitted for publication in referred journals:

1. Lifshitz, R., Rosenberg, D., & Nimrod, G. (2024). Media displacement among older internet users: A cross-national longitudinal study (Under review - at *Canadian Journal of Communication*. Q2, IF = 2.56).

Role in the publication: Rinat Lifshitz contributed to the conceptualization of the study, wrote the introduction and the results sections, critical reviewed the manuscript, revised and finalized it.

2. Kermel-Schiffman, I., **Lifshitz, R.**, Bachner, Y., & Carmel, S. (2024). Attitudes toward active euthanasia in advanced Alzheimer's disease: A comparison between attitudes for oneself, family members and unknown individuals. (Under review - at *Journal of Alzheimer's Disease* Q1, IF = 1.17).

Role in the publication: Rinat Lifshitz co-initiated the study, contributed to developing of the research design, Wrote the review of the literature, revised the paper, and approved the final version of the manuscript.

3. Ifrah, k., Bar-Tur, L., **Lifshitz, R.**, & Lang, F.R. (2025). Contact between adult children and parents, emotional closeness and children's life satisfaction. (Under review - at *Frontiers in Psychology*, Q2, IF = 2.6).

Role in the publication: Rinat Lifshitz co-initiated the study, contributed to developing of the research design, Wrote the review of the literature, revised the paper, and approved the final version of the manuscript.

4. Lifshitz, R., Bachner, Y., & Nimrod, G. (2025). Social Support and the Well-Being of Older Women Living Amid War and Terror. (Under review - at *Journal of Women & Aging*, Q2, IF = 1.5).

Role in the publication: Rinat Lifshitz contributed to the conceptualization of the study, wrote the introduction and the results sections, critically reviewed the manuscript, revised and finalized it.

Articles in preparation for publication

1. Naegele, L., **Lifshitz, R.**, Kermel, I., & Cohen, A. *Work, Ties, and Cognition: An Examination of altered working hours and retirement transition on social networks and cognitive health.*
2. Mannheim, I., **Lifshitz, R.**, Bachner, Y., & Cohn-Schwartz, E. *Forced displacement, digital engagement and well-being among older adults – Gender perspective.*
3. Kermel, I., & **Lifshitz, R.** *Echoed bereavement: the unique experience of grandparents.*
4. **Lifshitz, R.**, & Bachner, Y. *Personal and organizational characteristics related to burnout at work among nurses working in Geriatric Medical Centers.*
5. **Lifshitz, R.**, & Bachner, Y. *Personal and Organizational Factors in Nurses' Burnout: An Ethnic Perspective*

F. Summary of my Activities and Future Plans

My field of research falls into the broad category of sociology and psychology of old age. It focuses on the *wellbeing of older adults under various types of stress and the personal, social and cultural resources available to them for coping in such situations.* We are now living in the midst of the aging revolution, reflecting an increase in the proportion of older adults in the population and a rise in life expectancy without necessarily entailing improvement in quality of life. This situation requires a deep understanding of the unique needs and characteristics of this population to identify and map the obstacles impeding achievement of effective coping and eventual wellbeing.

My research reflects interdisciplinary integration and focuses on coping strategies applied by adults and seniors when facing stressful life situations that threaten their sense of wellbeing. Its value lies in the creation of a broad theoretical foundation yielding significant recommendations for therapists and policymakers.

My academic publications so far reflect my particular interest in older adults who face hostile world scenarios. For example, one article describes the construction and validation of the perceived risk scale (PRS), revealing a two-factor structure: Later-life risks and terror risks. I

have also completed an article on cumulative adversity among older adults in Israel (a longitudinal study based on SHARE-Israel data). As a quantitative researcher, I apply advanced analytical methods (such as multi-level modeling, growth curve models and structural equation modeling) and have mastered advanced statistical software (such as SPSS and AMOS).

I consider my research valuable because it can yield innovative insights for clinicians and professionals who seek methods of assessment and intervention for different population groups, such as at-risk adults and older adults, who need to maintain mental wellbeing as they face severe life distress.

In the future, I plan to expand my research on the topic of living and coping with extreme life conditions in later life. Specifically, I want to examine resources identified in my doctoral thesis as moderating the relations between stress and wellbeing (i.e., spirituality, Internet use, and social support) in additional distressing circumstances such as bereavement, health decline and continuous life risking illness. Furthermore, I plan to explore additional resources (e.g., creativity, physical activities) that may be useful in coping with various challenging later life conditions.

Alongside my research projects and plans, I place great emphasis on training students in the field of gerontology as professionals who will accompany older adults and their families, coping with the challenges of aging. My research interests fit in with the content I teach and help students expand their knowledge and improve their skills when they meet a variety of seniors who are dealing with difficult life events.