

## **Silvia Ostrower**

Peuton.arava@gmail.com • +972-52-7950854 • Kibbutz Mizra

### **Education**

- Group Facilitation Course, Gishot College (2023)
- Group Facilitation Course, Yezreel Valley Academic College (2018)
- Training Course for Facilitators of Developmental Support Workshops, Diada College (2012)
- The Parent as a Client of the Kindergarten Course, Kibbutzim College of Education (2005)
- Nursing Home Management Course, Yezreel Valley Academic College (2002)
- Early Childhood Education Course, Instructor: Malka Haas (2000)
- Bachelor's and Master's Degree in Education (combined program, American system), University of Buenos Aires (1987-1995)

### **Work Experience**

- **Lead Kindergarten Teacher, Kibbutz Mizra Early Childhood Education System (1997 - Present)**  
Manager of the pedagogical and operational aspects of a kindergarten, overseeing a team of five educators, including professionals with special needs, and nurturing the development of 16 children aged 1-2. In charge of the design and implementation of evidence-based educational frameworks that promote cognitive, emotional, and social growth in early childhood.
- **Lecturer, Education Department, Yezreel Valley Academic College (2020 - Present)**  
Teacher and mentor of students in the "Role of the Early Childhood Educator" course, focusing on pedagogical methodologies, developmental psychology, and approaches to early childhood education, guiding future educators in fostering inclusive, supportive, and developmentally enriching learning environments.
- **Founder & Facilitator, Maternal Support and Empowerment Groups Kibbutz Mizra (2015 - Present)**  
Leader and facilitator of groups that provide new mothers with knowledge, tools and support for adapting and navigating the challenges and new experiences of motherhood. The groups allow the mothers to establish a supportive community network that enables them to exchange insights, overcome challenges, and develop confidence in their parenting. The group touches upon a wide range of critical topics, including infant development, maternal mental health, sleep training, and early childhood attachment theories, ensuring participants gain practical skills for raising resilient and secure children.
- **Founder and Facilitator, Parent-Child Bonding and Developmental Play Workshops, Kibbutz Mizra (2015 - 2018)**  
Leading experiential learning sessions that enhanced parent-child connections through interactive play strategies, equipping parents with practical tools to foster early childhood development, including communication techniques, emotional regulation strategies, and responsive parenting practices. Creating a collaborative space where parents could develop a deeper understanding of their child's developmental milestones while strengthening their relationship through guided play and shared experiences.