

CURRICULUM VITAE

1. Personal Details

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2. Higher Education

A. Undergraduate and Graduate Studies

Date awarded	Name of Institution and Department	Degree	Period of Study
1994	Tel-Aviv University, Israel Department of Physical Therapy Sackler Faculty of Medicine	B.PT	1990-1994
2011	University of Haifa, Israel Faculty of Social Welfare & Health Sciences. Department of Public Health	MHA	2008-2011
2018	University of Haifa, Israel Faculty of Social Welfare & Health Sciences. Department of Physical Therapy	PhD	2014-2018

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2020 - present	Zefat Academic College- Department of Physical Therapy	lecturer
2016- present	Yezreel Valley College Department of Health Systems Management	מרצה - עמית Teaching Fellows
2013-2015	Zefat Academic College- Department of Physical Therapy	Teacher part-time
2016- 2020	Ono Academic College	Teacher part-time

	School of Education & Social studies	
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4. Scholarly Positions and activities outside the Institution

Dates	Name of Institution and Department	Rank/Position
2022-Present	Admatec- manufacturer company- "optical innovation for dentists and surgeons	Consultant and researcher to improve the product from an ergonomic point of view
2022-Present	The Golda Meir MASHAV-Carmel International Training Center MASHAV – Israel’s Agency for International Development Cooperation	Lecturer in course: "Managing of health care services" for groups from development countries. (English)
2020- Present	Zefat academic collage- Physical therapy department	Monthly Departmental Seminar Meeting Coordinator
2018-2020	Tel Aviv University - Physical therapy department	Medal of Honor- Clinical Mentor
2020 -Present	PTvisor - Digital Healthcare Company	Consultant-Developing Tele-Physiotherapy System
2005-2006	Ministry of Health, Nazareth	Instructor in a project “Health promotion of Arab women”
Associations		
2022-Present	Steering committee "Health Promotion " Israeli Physical Therapy Association	Member
2019-Present	The Israel Society of Musculoskeletal Medicine- Rambam	Member
1995-Present	Israeli Physical Therapy Association	Member
2017-Present	The Civic Forum to Promote Health in the Galilee	Member
1992-1994	“Alfanar association”, Arab feminist women organization in Israel	Member

5. Reviewer of Peer Reviewed Journals & Editorial Board Member

2020- Present	Clinical Rehabilitation Journal
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2020- Present	Journal of Back and Musculoskeletal Rehabilitation
2021-Present	Disability and Rehabilitation Journal
2021-present	Journal of the Israel Physiotherapy Society - JIPTS
2021-present	Digital Health Journal
2022-present	Somatosensory & Motor Research
2022-present	Pain Research and Management
2024-present	Experimental Physiology
2024-present	Journal of Men's Health

6. Teaching

Courses Taught in Recent Years

Year	Name of course	Type of Course Lecture/ High Learn Course/ Introduction Course (Mandatory)	Degree	Name of Institution and Department	Number of Students
2020-present	Orthopedic treatment (peripheral joints)	Introduction Course (Mandatory)	B.PT- Bachelor Physical Therapy	Zefat Academic College- Department of Physical Therapy	45
2020-present	Topography anatomy	Introduction Course (Mandatory)	B.PT	Zefat Academic College- Department of Physical Therapy	45
2020-present	Kinesiology (section 2)	Introduction Course (Mandatory)	B.PT	Zefat Academic College- Department of Physical Therapy	45
2020-present	PNF	Introduction Course (Mandatory)	B.PT	Zefat Academic College- Department of Physical Therapy	45
2020-present	Medical ethics	Introduction Course (Mandatory)	B.PT	Zefat Academic College- Department	45

				of Physical Therapy	
2020-present 2013-2015	Structure and Policy of Health System in Israel	Introduction Course (Mandatory)	B.PT	Zefat Academic College-Department of Physical Therapy	40
2020-present	Scientific writing and critical reading	Introduction Course (Mandatory)	B.PT	Zefat Academic College-Department of Physical Therapy	40
2021-Present	Rehabilitation of the hand	Introduction Course (Mandatory)	B.PT	Zefat Academic College-Department of Physical	40
2017-present	Medical technology	Introduction Course (Mandatory)	BHA-Bachelor Health Administration	Emek Israel Academic College Department of Health systems management	98
2016-present	Structure and Policy of Health System in Israel and around the world	Introduction Course (Mandatory)	BHA-Bachelor Health Administration	Emek Israel Academic College Department of Health systems management	75
2019-present	Risk Management	Introduction Course (Mandatory)	BHA-Bachelor Health Administration	Emek Israel Academic College Department of Health systems management	50
October 2021	Epidemiology	Introduction Course (Mandatory)	BHA-Bachelor Nursing	Emek Israel Academic College Department of Nursing	50
2018-2020	Anatomy	Introduction Course (Mandatory)	School of Education & Sport studies, Ono Academic College	Ono Academic College, School of Education & Social studies	80

2018-2020	Kinesiology	Introduction Course (Mandatory)	School of Education & Sport studies, Ono Academic College	Ono Academic College, School of Education & Social studies	80
2016-2017	Structure and Policy of Health System in Israel and around the world	Introduction Course (Mandatory)	BPT	Ono Academic College Department of Physical Therapy	40
2013-2015	Electro Therapy	Assistant Teacher-Course (Mandatory)	B.PT	Zefat Academic College-Department of Physical Therapy Israel,	40
2013-2014	Spine orthopedic treatments	Assistant Teacher-Course (Mandatory)	B.PT	Zefat Academic College-Department of Physical Therapy, Israel	40
2012, 2014	Adoption of children in Israel	Invited Lecture	MA- students in course of "Epidemiology of Women fertility". By Dr. Yaakov Rosenfeld	Department of Public Health, University of Haifa, Israel	30

7. Other studies (Post graduate courses)

Period of study	Name of institution, Department and Host	Degree
2019	Dr. Tzvika Greenbaum (PhD) Lecturer Tel Aviv-university; Clalit Health Services	Rehabilitation of head, neck, face and Tempo Mandibular Joint
2019	Rambam health care campus; Israel Medical Association -the Israel society of musculoskeletal medicine	Dry- Needling technique” Intramuscular Stimulation”

2018	Michael C Schubert Associate Professor of Otolaryngology – Head and Neck Surgery- Johns Hopkins University, Baltimore, Maryland; Shamir medical centre (Assaf Haroffe)	Vestibular Rehabilitation Therapy (English language)
2017	Alex Sapir- Lecturer Ben Gurion University Clalit Health Services	Rehabilitation of the Neck and Upper Quadrant
2012	Clalit Health Services	Pilates rehabilitation for physical therapists
2010	Daniel Hamiel, PhD, Tel- Aviv Mental Health Center; Clalit Health Services	Cognitive Behavioral Therapy (CBT)
2005	Ministry of health- Tel- Hashomer medical center Israel	Recommending technology of mobility- aid devices
2004	Elia Pantorine, Neurology rehabilitation; Clalit Health Services	Neurology Home Care Rehabilitation
2003	University of Haifa, physical therapy department	Clinical instructor to physical therapy students
1997	Professor Jeremy Lewis PhD, Consultant Physiotherapist, Professor of Musculoskeletal Research;	Mulligan mobilization techniques (English language)
1997	Professor Jeremy Lewis PhD, Consultant Physiotherapist, Professor of Musculoskeletal Research; Shamir medical center (Assaf Harofeh)	“Functional Orthopedic Rehabilitation” (English language)
1996	Maccabi health services. Holon	Tapping, bandaging & bracing treatment, evaluation, and prevention of injuries
1996	Tel-Hashomer medical center, physical therapy department	Maitland mobilization and manipulation techniques, upper extremity evaluation and functional treatment
1996	Dr. Luba Zuk, PhD, Tel- Aviv University, physical therapy department.	Normal and abnormal development of the child
1995	Tel-Aviv University, physical therapy department	Respiratory physiotherapy in intensive care units (English language)

8. Active Participation in Scholarly Conferences

Date	Name of Conference	Place	Title of Presentation or discussion
17-19, July, 2023	The 7 th Annual World Congress of Orthopaedics 2023 (Europe), which will take place in Lisbon, Portugal	Lisbon, Portugal	Ofra Halperin (speaker), Amira Daher. "Association between Psychological Stress and Neck Pain among College Students during the Coronavirus Disease of 2019 Pandemic: A Questionnaire-Based Cross-Sectional Study"
28-29, November, 2022	6th World Congress on Physiotherapy, Physical Rehabilitation & Sports Medicine	Dubai-UAE	Amira Daher (speaker) The effectiveness of an aerobic exercise training on patients with neck pain during a short and long-term follow up: A prospective double-blind RCT
6-7, September, 2022	The Annual Conference of The Israeli Physiotherapist Society (IPTS)	Expo-Tel- Aviv	Amira Daher (speaker) Association Between Psychological Stress and Neck Pain Among College Students During the Coronavirus Pandemic: A Cross-Sectional Study
21-25, July, 2022	International Nursing Research Congress	Edinburgh, UK	Ofra Halperin (speaker), Amira Daher. "Association between Psychological Stress and Neck

			Pain among College Students during the Coronavirus Disease of 2019 Pandemic: A Questionnaire-Based Cross-Sectional Study"
22, June 2021 (Scheduled for this date)	The annual Conference of research in Emek Israel academic college	Max Stern Emek Israel Academic College	Prevalence and Risk Factors for Neck Pain among College Students during the COVID-19 Pandemic: A Cross-Sectional Study
17, February, 2021	The annual Conference of research in Zefat academic college	Zefat Academic College	The effectiveness of an aerobic exercise on chronic neck pain
19, June 2019	The Annual Conference of The Israeli Physiotherapist Society (IPTS)	Park Avenue Convention Centre, Tel Aviv	Clinical Prediction Rule for Identifying Patients with Chronic Neck Pain that May Benefit from Specific neck Exercise
17, June 2019	The annual Conference of research in Emek Israel academic college	Max Stern Emek Israel Academic College	The effectiveness of an aerobic exercise training on patients with chronic neck pain during a short and long term follow up: A prospective double blind randomized control trial
20, December, 2018	The Annual Conference of medicine and physical rehabilitation	Tel Aviv	Clinical Prediction Rule for Identifying Patients with Chronic Neck Pain that May Benefit from Aerobic Exercise
11, June, 2018	The annual Conference of research in Emek Israel academic college	Max Stern Emek Israel Academic College	Attitudes toward adoption and barriers to adoption among Jews and

			Muslims treated for fertility problems in Israel
08, May, 2018	The Annual Conference of The Israeli Physiotherapist Society (IPTS)	Park Avenue Convention Centre, Tel Aviv	Clinical Prediction Rule for Identifying Patients with Chronic Neck Pain that May Benefit from Aerobic Exercise
10, May, 2017	The Annual Conference of The Israeli Physiotherapist Society (IPTS)	Park Avenue Convention Centre, Tel Aviv	A comparison of physiotherapy in Israel and the world
10, April, 2013	The 7 th Annual Conference of Arab Population Health	Nazareth, Crown Plaza Hotel	Attitudes toward adoption and barriers to adoption among Jews and Muslims treated for fertility problems in Israel
2, February, 2013	Research Conference "Emek hospital "	Emek Medical Center, Israel. 02, February, 2013	A Poster in the Conference – "Attitudes toward adoption and barriers to adoption among Jews and Muslims treated for fertility problems in Israel"
21, June, 2012	The Annual Conference of School of Public Health	University of Haifa.	Attitudes toward adoption and barriers to adoption among Jews and Muslims treated for fertility problems in Israel
27, November, 2011	Conference of " Gender Perspective in Physical Therapy" by The Israeli Physiotherapist Society (IPTS)	The Tel Aviv Sourasky Medical Center	The aspects of Adoption and fertility treatment among infertility patients in Israel

9. Scholarships, Awards etc.

Grant	Date	Founding source	Sum
Excellent Master Thesis Study Award	2010	Fizer Fund	3,000 \$

Seminar Excellence Award- "Adoption of children in Israel"	2011	Sikkuy Fund The Association for the advancement of civic equality	2,500 NIS
Ph.D. Dissertation Study Award	2015	The Israeli Physiotherapist Society (IPTs)	1,500 \$
Ph.D. Dissertation Study Award	2017	National Insurance institute of Israel	5,000 \$
Ph.D. Dissertation Study Award	2017	University of Haifa	1000 NIS

10. Professional Experience

Dates	Names of Institution	Rank
2018- Today	Private physiotherapy clinic	Physiotherapy clinic manager/ director
1997-2019	Clalit Health Services, Haifa and North District, Israel	Clinical instructor to physical therapy students; Clinical advisor to new physical therapists; Deputy department of home rehabilitation services.
2000-2019	Authorized by Ministry of Health	Advisor to assistive devices and technologies for disability patients
1994-1997	Maccabi Rehabilitation Center, Holon, Israel	Physical Therapist
1995-1997	Wolfsson Health Center, Holon, Israel	Physical therapist

11. PUBLICATIONS

A. Ph.D. Dissertation

Title: Clinical Prediction Rule for Identifying Patients with Chronic Neck Pain that May Benefit from Aerobic Exercise

Date: December 2018

Number of pages: 223

Supervisors: Prof. Rafael Careal, Dr. Gali Dar

Institute: University of Haifa, Israel.

Publications: see publication (2,3,5), preparation (7, 8)

B. Master's thesis

Title: Attitudes toward adoption and barriers to adoption among Jews and Muslims treated for fertility problems in Israel. (Excellence Degree).

Date: 2011

Number of pages: 100

Supervisors: Prof. Lital Keinan-Boker, Dr. Yaakov Rosenfeld

Institute: University of Haifa, Israel. Department of Public Health

Publication: see publication 1

12. Publication

1. **Daher A**, Rosenfeld, Y., & Keinan-Boker, L. (2015). Adoption Law, Dilemmas, Attitudes and Barriers to Adoption among Infertility Patients in Israel. *Medicine & Law*, 34, 55. PMID: 30759924.
2. **Daher A**, Carel RS, Tzipi K, Esther H, Dar G.(2020). The effectiveness of an aerobic exercise training on patients with neck pain during a short- and long-term follow-up: a prospective double-blind randomized controlled trial. *Clinical Rehabilitation*. 2020; 269215520912000. doi:10.1177/0269215520912000. 5-Year Impact Factor: 3.930
3. **Daher A**, Dar G, Carel RS. (2021). "Effectiveness of combined aerobic exercise and neck-specific exercise compared to neck-specific exercise alone on work ability in neck pain patients: a secondary analysis of data from a randomized controlled trial.". *International Archives of Occupational and Environmental Health*. 5-year Impact Factor 3.269.
4. Abbas J, Hamud K, Jubran R, **Daher A**. (2021). Has the COVID-19 outbreak altered the prevalence of low back pain among physiotherapy students? *Journal of American College Health*. 3-year Impact Factor 2.6.
5. **Daher, A.**, & Halperin, O. (2021, November). Association between Psychological Stress and Neck Pain among College Students during the Coronavirus Disease of 2019 Pandemic: A Questionnaire-Based Cross-Sectional Study.

In *Healthcare* (Vol. 9, No. 11, p. 1526). Multidisciplinary Digital Publishing Institute. 5-year Impact Factor 3.46.

6. Abbas J, **Daher A.** (2021). Low back pain among physiotherapy students at Safed Academic College. *Journal of the Israeli Physiotherapy Society.* (Hebrew)
7. **Daher A,** Carel RS, Dar G. (2022). Neck-pain clinical prediction rule to prescribe combined aerobic and neck-specific exercises: secondary analysis of a randomized controlled trial. *Physical Therapy & Rehabilitation Journal.* 5-year Impact Factor 4.365.
8. **Daher, A., & Dar, G.** (2023). Stretching and muscle-performance exercises for chronic nonspecific neck pain: who may benefit most? *Physiotherapy theory and practice*, 1–14. Advance online publication.
<https://doi.org/10.1080/09593985.2023.2207103>
9. **Daher A,** Dar G. (2024). Musculoskeletal Referral Patterns: A Retrospective Cohort Study of Physician Referrals of Patients with Neck and Lower Back Pain for Physical Therapy in Outpatient Clinics. *Israel Journal of Health Policy Research.* **Impact factor: 3.5.** Q1 (under review)
10. **Daher A,** Obeid S. (2024). Impact of Clinical Training on Low Back Pain Complaints Among Nursing Students: A Comparative Cross-Sectional Study. *Therapeutic Advances in Musculoskeletal Disease* (under review)