

The Max Stern Yezreel Valley College

Name: Samir Zoabi

Date: November 2024

CURRICULUM VITAE

1. Personal Details

Permanent Home Address: POB 50603, Nazareth, 50603

Office Telephone Number: 04-6027833

Cellular Phone: 050-5500943, 050-6285314

Electronic Address: samirzoabi@gmail.com

2. Higher Education

A. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
1996-2000	School of Social Work, Hebrew University	PhD, Social Work	2000
1990-1994	School of Social Work, Haifa University	MA, Social Work	1994
1983-1987	School of Social Work, Haifa University	BA, Social Work	1987

3. Academic Ranks and Tenure in Institutes of Higher Education

Dates	Name of Institution and Department	Rank/Position
2024	MA Program in Community Gerontology, The Max Stern Yezreel Valley College	Senior lecturer on the Expert Track (proposed rank)
2023	MA Program in Community Gerontology, The Max Stern Yezreel Valley College	Teaching fellow
2017	Faculty of Society and Welfare, Tel Hai College	Adjunct lecturer
2009-2017	Department of Human Services and Department of Social Work, Tel Hai College	Adjunct lecturer
2006-2009	Department of Human Services and Department of Social Work, Tel Hai College	Lecturer
2000-2014	School of Social Work, Haifa University	Adjunct lecturer

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4. Offices in Academic Administration

2023-	Member, Practicum; Head, Community Practicum Program, Department of Community Gerontology, The Max Stern Yezreel Valley College
2022-	Member, Teaching Committee, Department of Community Gerontology, The Max Stern Yezreel Valley College
2022-	Development and maintenance of academic-community relations with service organizations for elders in Arab society in northern Israel, Department of Community Gerontology, The Max Stern Yezreel Valley College
2021-	Representative of the Department of Community Gerontology, The Max Stern Yezreel Valley College for collaboration in research, studies and program development between the Department and the Galil and Valleys Cluster for Elderly People
2016-2018	Director, Center for Peace, Democracy and Multiculturalism, Tel Hai College
2016-2018	Member, College Disciplinary Committee, Tel Hai College

5. Participation in Scholarly Conferences

a. Active Participation

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
2018	Israel Gerontology Society Biannual Conference	Tel Aviv	Social support networks for elderly in Arab society	Presenter
2016	Israel Gerontology Society Biannual Conference	Tel Aviv	Mobile counseling – provision of access to information, support and guidance in utilizing rights of the elderly in the community at the Nazareth branch of the National Insurance Institute	Presenter

b. Participation in Other Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion
4/2024	Older Adulthood and Aging in the Post-Modern Era	Ahalina Association, Shefaram	Aging in Arab Society in Israel: Characteristics and Ways of Coping
2022	Galilee and Valleys Cluster and The Max Stern Yezreel Valley College	The Max Stern Yezreel Valley College	Optimal Aging and Continuity of Services

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Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion
2021	Social Services Department, Sachnin Municipality Mini-Conference	Sachnin Municipality	Aging in the Post-Modern Era in Arab Society in Israel
2008	Women's Parliament: Forum for Politics from a Different Angle	Al Qasemi College, Baqa el Gharbia	Masculine Identity in the Arab Family: Division vs Solidarity

6. Invited Lectures\ Colloquium Talks

Date	Place of Lecture	Name of Forum	Presentation/Comments
14-19 Nov 2019	Dan Hotel, Jerusalem	Anglo-Israel Colloquium	Facilitator of workshop in intergenerational relations
1985-1987	University of Haifa	University of Haifa Jewish-Arab Center	Development and teaching of workshops (together with Prof. Magid Al Haj of Haifa University) in job-seeking skills for students about to complete their academic studies

7. Research Grants

a. Grants Awarded

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year
PI		Informal support systems of elderly in older neighborhoods in Arab society	Tel Hai College/ NIS 15,000	2018
PI		Structural and interactive characteristics of informal support structures of Arab elders in Israel who suffer violence and injury	Joint/Eshel 30,000	2000

8. Special Research Activity

Two original field research projects on the subject of violence against elders in Arab society, a subject that has been largely overlooked. The empirical findings and practical implications of both studies are being implemented to this day by organizations and associations that serve elders. These were the first and remain the leading studies conducted on this subject in Israel.

Date	Subject	Comments
2000	Structural and interactive characteristics of informal support networks of elders who suffer injury	The first study to be conducted on support for elder victims of violence in Arab society. The findings have and continue to guide the development of numerous prevention and intervention programs in the field of violence against elders in Israel, and particularly in Arab society.
1992	Violence against elders in Arab society in Israel: Reality or myth?	The first study to be conducted on the subject of violence against elders in Arab society in Israel. This innovative research gained extensive attention among professionals and the media alike, raising awareness of this issue. The research findings include signs for detecting elderly victims of violence, characteristics of elders at risk, as well as essential factors for prevention and intervention. The results have and continue to help promote and inform the work of practitioners in addressing violence against elders in Israel, in general, and in Arab society in Israel, in particular.

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9. Teaching

a. Courses Taught in Recent Years

Year	Name of Course	Type of Course Lecture/Seminar/ Workshop/High Learn Course/ Introduction Course (Mandatory)	Degree	Number of Students
2023-	Gerontological counseling	Lecture, The Max Stern Yezreel Valley College	MA	Approx. 30 students
2023-	Issues in practicum	Supervision of practicum, The Max Stern Yezreel Valley College	MA	Approx. 30 students
2023-	Introduction to counseling skills	Introduction, The Max Stern Yezreel Valley College	MA	Approx. 30 students
2023-	Community services for the aging	Lecture, The Max Stern Yezreel Valley College	MA	Approx. 30 students
2022-	Aging in place – needs and services for elderly people	Lecture, The Max Stern Yezreel Valley College	MA	Approx. 30 students
2008-2022	Theories of aging	Lecture, Tel Hai College, Department of Social Work	BA	Approx. 120 students each group
2002-2022	Community work	Lecture, Tel Hai College, Department of Social Work and University of Haifa, School of Social Work	BA	Approx. 125 student each group
2008-2018	Services for elderly people	Lecture (elective course), Tel Hai College, Department of Human Services	BA	Approx. 20 each group
2008-2016	Research seminar on aging	Seminar, Tel Hai College, Department of Human Services	BA	Approx. 20 each group
2002-2008	Measurement and evaluation	Al Qasemi College	BA	Approx. 20-25 each group
2002-2008	Research methods	Al Qasemi College	BA	Approx. 20-25 each group

10. Professional Experience

a. Special Professional Activities – Chronological Summary Table

	Role	Description of the Activity	Comments
2023-2024	Workshop facilitator for the local government Turan Local Council; Jerusalem Municipality	Throughout this period – Content development and supervision of workshops on behalf of local authorities, invited by the authorities	The workshops dealt with several topics such as caring for the elderly, community work with the elderly, elder abuse, community work with low-income families and more <i>(for more details, see Section d: Workshop and Training Courses, below)</i>
	Leader, round table discussions Joint Eshel; Galilee and Valleys Cluster, Ministry of Interior	Throughout this period – Development and facilitations of discussions	The discussions focused on different aspects of services for elders, including nutrition and multidisciplinary activities, as well as interorganizational cooperation <i>(for more details, see Section b: Scholarly Positions and Activities, below)</i>
	Facilitator, workshops on community work Jerusalem Municipality, University of Haifa	Throughout this period – Workshops for social workers, social work students and schoolteachers on community work	The workshops focused on community work with disadvantaged groups, such as low-income families and elderly people <i>(for more details, see Section d: Workshops and Training Courses, below)</i>
	Lecturer Joint Eshel; Ministry of Social Equality Hebrew University Jerusalem Tel Aviv University Shefaram Social Services Dept. Tamra Social Services Dept.	Throughout this period – Lectures to different professional groups and staff on aging and services for elders	The lectures covered subjects such as optimal aging in Arab society, the kitchen and cooking as a therapeutic tool with the elderly, violence against elders and more. <i>(for more details, see Section e: Lectures to Professional Groups, below)</i>

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	Role	Description of the Activity	Comments
	Fieldwork supervisor The Max Stern Yezreel Valley College	Supervision of students in Community Gerontology Department	Supervision of 13 students in community projects (<i>for more details, see Section e: Lectures to Professional Groups, below</i>)
2022	Lecturer Joint Israel The Max Stern Yezreel Valley College	Throughout this period – Lectures to staff and students at mini-seminars in different venues	Lectures on different aspects of aging (<i>for more details, see Section f: Mini-Seminars</i>)
2016-2019	Facilitator, workshops and self-help groups for professionals, volunteers and elders Fasuta Village Nof Hagalil Haifa Kinneret College	Throughout this period – Facilitation and supervision of workshops, self-help groups and in-service training for professionals, volunteers and elderly people	Workshops on different aspects of community, volunteering, widows and elders (<i>for more details, see Section d: Workshops and Training Courses, and Section e: Lectures to Professional Groups, below</i>)
2016-2019	Lecturer, facilitator, Nursing homes and day centers Yarqa Shefaram Taibe Eshel Inservice Training School	Throughout this period – Lectures, training workshops and seminars for nursing home staff and volunteers	Workshops on interpersonal various subjects for professional and volunteer staff at the nursing home (<i>for more details, see Section d: Workshops and Training Courses, and Section e: Lectures to Professional Groups, and Section f: Mini-Seminars, below</i>)
	Researcher - needs survey Tel-Hai College Nazareth	Conducting a research study	The study investigated the needs of elders in the Old City of Nazareth (<i>for more details, see Section i: Projects, below</i>)
	Developer of services National Insurance Institute Sachnin Arabe Dir Hana	Throughout this period – Planning, operation and supervision of services	Development of multicultural staff and opening centers for elders (<i>for more details, see Section i: Projects, below</i>)
	Manager & supervisor National Insurance Institute	Management and supervision	Creating contact with centenarians (<i>for more details, see Section i: Projects, below</i>)

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	Role	Description of the Activity	Comments
	Lecturer Sachnin Arabe Dir Hana Galilee Association of Research and Planning National Insurance Institute	Throughout this period – Lectures to mini-seminars for employees	The lectures covered different aspects regarding elders in society (<i>for more details, see Section f: Mini-Seminars, below</i>)
	Program developer Center for Democracy and Multiculturalism	Program development and monitoring	Development of a program to deepen multicultural ties
2015-2022	Numerous interviews	Throughout this period – Interviews on internet, radio, newspapers, and television	The interviews focused on issues related to poverty and aging (<i>for more details, see Section h: Media interviews</i>)
2014-2016	Self-help groups and lectures National Insurance Institute Tel Hai College Emda Association Eshel Inservice Training School Prime Minister's Office	Throughout this period – Lectures and facilitation of groups on aspects of aging in Arab society	The subjects covered included intergenerational community, caring for parents with Alzheimer's, violence against elders and more (<i>for more details, see Section e: Lectures to Professional Groups, and Section f: Mini-Seminars, below</i>)
2012-present	Mini-seminars for different groups National Insurance – Nazareth Northern region Tzefat College	Throughout this period – Mini-seminars for professionals, students and volunteers	Lectures on different aspects of aging and multicultural sensitivity (<i>for more details, see Section f: Mini-Seminars, below</i>)
	Committee member, national and local agencies Ministry of Welfare National Insurance Institute Association for Elders, Shefaram Joint Eshel	Throughout this period – Member of steering committees	Development of programs in the field of services for elders (<i>for more details, see Section g: Steering and Executive Committees, below</i>)
2012-2016	Facilitator Nazareth Municipality	Throughout this period – Facilitation of self-help group	Group for family caregivers (<i>for more details, see Section d: Workshops and Training Courses, below</i>)

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	Role	Description of the Activity	Comments
2012-2013	Lecturer to courses and mini-seminars Kinneret College National Insurance Institute University of Haifa	Throughout this period – Lectures to new volunteer training courses and mini-seminars for professionals and elders	Subjects included violence against elders, interpersonal communication and more <i>(for more details, see Section d: Workshops and Training Courses and Section f: Mini-Seminars, below)</i>
2000-2012	Lecturer Yarqa Ussifya Tel Hashomer Hospital Hebrew University	Throughout this period – Lectures professionals working with elders	Subjects included violence against elders, support networks and more <i>(for more details, see Section f: Mini-Seminars, below)</i>
1995-1999	Participant in mini-seminars for professionals Nazareth Upper Nazareth Shefaram	Throughout this period – Lectures to professionals and family members working with elders	Subjects included violence against elders, support for caregivers, support networks of elders and more <i>(for more details, see Section f: Mini-Seminars, below)</i>
	Lecturer Daburya Nursing Home	Throughout this period – Lectures to professional staff of nursing home	Lecture to staff on communication in senior years
1990 - 2023	Head of the counseling service for senior citizens and their families, National Insurance Institute – Nazareth, Upper Nazareth and 39 surrounding localities) Giora Yoseftal Institute, Tel Aviv	Throughout this period – Development of a wide mix of services provided to the elder population, mainly by volunteers.	The service provided to the elders included many types of assistance, such as promoting utilization of rights, consultation, emotional and social support for elders, widow groups, support of carers in the family and more <i>(for more details, see Section i: Projects)</i>
		Establishment of a counseling service.	The establishment of the service was a breakthrough in the development of national insurance services for the elderly in Arab society. Until then, no such service existed in many of the communities in the northern region, and particularly Arab communities. <i>(for more details, see Section i: Projects)</i>

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	Role	Description of the Activity	Comments
		Throughout this period – Development of a wide mix of services provided to the elder population, mainly by volunteers.	The service provided to the elders included mainly types of assistance, such as promoting utilization of rights, consultation, emotional and social support for elders, widow groups, support of carers in the family and more
		Throughout this period – Counseling and supervision of volunteers. Recruitment, training and management of approximately 400 volunteers in the northern region for the benefit of elders in the community.	Advising and supervision activities of volunteers working with senior citizens throughout the region (<i>for details, see Section d: Workshops and Training Courses, below</i>)
		Throughout this period – Leading and advising self-help groups for elders and carers	Provision of counseling and advising volunteers in self-help groups for elders, newly widowed, and family carers (<i>for more details, see Section d: Workshop and Training Courses, below</i>)
		Throughout this period – Workshops for special groups	Workshops for activists and special populations on leadership, communication, the community approach (<i>for more details, see Section d: Workshop and Training Courses, below</i>)
		Throughout this period – Member of executive and steering committees	Associations for people with disabilities (<i>for more details, see Section g: Steering and Executive Committees, below</i>)

b. Scholarly Positions and Activities Outside the Institution

January 2024	Joint Eshel	Director and facilitator – Round table of professional employees in the field of nutrition in Arab society in Israel. A discussion and thinking about ways to mainstream the services for the elderly in the community
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December 2023	Optimal Aging Partnership, Galilee and Valleys Cluster, Ministry of Interior	Director and facilitator – Round table on planning multidisciplinary activity for elderly people and their families, multi-organizational and multi-service cooperation and planning
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c. Professional conferences

Participation in professional conferences

Year	Name of Conference	Place of Conference	Subject of Presentation
5/2024	Matav Conference on Volunteer Work with Older Adults: Challenges and Means of Coping	The Max Stern Yezreel Valley College	Aging, Community Work and Voluntarism
9/2022	Yediot Aharonot Group	Member of Convention on the Third Age	Self-Sufficient Elders During the COVID-19 Crisis
2020	Mental Health Issues in Arab Society in Israel	Ben Gurion University	Select Characteristics in the Post-Modern Era and Their Impact on Elders in Arab Society
2019	Welfare Departments, Jerusalem Municipality (Mini-Conference)	Jerusalem Municipality	Violence Against Elders: Characteristics and Detection
2017	Alma – Association for the Elderly, Upper Nazareth (Mini- Conference)	Alma, Upper Nazareth	Aging in the Post-Modern Era
2017	Scottish Hospital, Nazareth (Mini- Conference)	Scottish Hospital, Nazareth	Intergenerational Relations in the Modern Era: Changes, Outcomes and Response
2017	Nahariya Hospital (Mini-Conference)	Nahariya Hospital	Violence Against Elders: Characteristics and Detection
2016	Eshel and Shefaram (Mini-Conference)	Shefaram	Violence Against Elders: Tools for Detection
2016	Relatives as Main Caregivers in Arab Society	Shefaram	Changes in Arab Society and Their Impact on the Family
2016	Ministry of Labor and Welfare and Nazareth Municipality Mini-Conference for Professionals	Nazareth Municipality	Violence Against Elders in Arab Society: Signs for Detection
2016	Sachnin Day Center Mini-Conference	Sachnin Day Center	Violence Against Elders: Characteristics and Implications

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2014	Alma – Association for the Elderly, Upper Nazareth (Mini-Conference)	Alma, Upper Nazareth	Aging and Poverty
2012	Jerusalem Municipality Mini-Conference for Professionals Working with Elders	Jerusalem Municipality	Violence Against Elders: Characteristics and Detection

d. Workshops and training courses

Facilitation of workshops and training courses of different types

Year	Name of Organization	Professional Activity/Project	Title	Description
July 2024	Turan Local Council, Elderly Protection Team	Workshop for older adults, 12 sessions	Violence Against Elders: Characteristics, Signs, and Responses	Workshop to develop awareness and increase detection among elders of violence against elders
July 2024	Elderly People Division, Turan Social Services Dept.	Workshop for older adults and caring family members. 12-session workshop with 25 elderly people and caring family members in each group (4 such groups are planned)	Streamlining the Relationship and Communication Between Elderly People and Caring Family Members	Workshop for elders and family member carers to improve their relationships
March 2024	Jerusalem Municipality, Social Services Division	Workshop on community work with elderly people	Community Work with Elderly People: Characteristics and Means of Fulfillment	Workshop for community workers on community work as a professional tool
February 2024	Jerusalem Municipality, Otzma Team	Community work with low-income families, 6-session workshop	Use of the Community and Community Work as a Tool for Relief of Families and Individuals from the Cycle of Poverty	Workshop for social workers working with low-income families on community work
January 2024	Jerusalem Municipality, Social Services Division	Workshop of family therapy with elderly couples that have problems with sexual functioning, 12-sessions	Couples in Old Age as a Peak Period in the Life of the Older Adult	Workshop for elders to improve communication between elder spouses with problems with sexual functioning
1990-2023	National Insurance Institute	Volunteer training	Director and facilitator	Training new volunteers
1990-2023	National Insurance Institute	Volunteer activities: home visits to lonely elderly; guidance in Nazareth and	Counselor and supervisor	

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Year	Name of Organization	Professional Activity/Project	Title	Description
		other localities.		
1990-2023	National Insurance Institute	Self-help groups for elderly (for new retirees, Widowed women, family caregivers of Alzheimer patients etc.)	Guidance and supervision of volunteer group facilitators	Self-help group for people who care for parents with dementia
2019	Welfare Department, Fasuta Village	Continuity as a Lifestyle for the Aging	Workshop for professionals and elders	Workshop for elders and social workers on the community as a treatment space for elders
2017	National Insurance Institute	Self-help group for widows in Nof Hagalil	Director and Supervisor	Self-help group for widows and widowers
2018	National Insurance Institute	Training a staff of approx. 20 volunteers for regular visits in nursing homes and day centers in the region to relieve loneliness, increase utilization of rights and create contact with the outside world	Director and Supervisor	Volunteer training workshop in work with elders
2015-2016	Day center for elders in Shefaram and Association for Elders in the City of Shefaram	Regular training	Supervision and training of employee and volunteer staff	Training of volunteers and staff members at a day center
2014	National Insurance Institute	New volunteer course, Kinneret College	Lecture: Continuity and Successful Aging	Volunteer training course, 13 sessions
2012	Yarqa Nursing Home	Course to train professional and paraprofessional staff	Four 3-hour meetings on interpersonal communication of elders, violence, and ethics in work with elders	Workshop training course for nursing home staff, 10 sessions
2010	University of Haifa	Workshop	Workshop on supervising master's students in social work	Group supervision of master's students in community work, Haifa University
2008	Albian Institute for Training, Research and Inservice Training	In-service training course	Course on development of a community approach for teaching staff of the Ibrahim Toukan School	Course for schoolteachers on developing a community approach

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Year	Name of Organization	Professional Activity/Project	Title	Description
			in Nazareth	
2002	Giora Yoseftal Institute - Tel Aviv	Workshop	Workshop in leadership development in unrecognized villages in the north that the Ministry of Interior was planning to recognize	Workshop for social activists in unrecognized villages in the north to develop a community approach and leadership in preparation for recognition of the villages
1996	Family Services Department, Nazareth Municipality	Self-help group	Group for self-help and family members who are the main caregivers of elders with disabilities	Self-help group for carers who are family members
1989-2003	Giora Yoseftal Institute - Tel Aviv	Workshops on diverse issues, such as communication; community approach development; teamwork; organizational dynamics and other subjects for students, community activists, older people and other population groups	Group facilitator	

e. Lectures to professional groups

Lectures to different groups of professionals

Year	Name of Organization	Professional Activity/Project	Title
March 2024	Joint Eshel	Lecture to Joint staff on optimal aging in Arab society in Israel	Optimal Aging in Arab Society
November 2023	The Ministry of Social Equality	Lecture to ministry staff	Aging in Arab Society in Israel: Main Characteristics, Problems and Responses

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Year	Name of Organization	Professional Activity/Project	Title
November 2023	Links College and the Magid Institute, Hebrew University Jerusalem	The kitchen and cooking as a potential therapeutic tool for the elderly. Lectures for in-service trainees in the field of therapy using cooking.	The Potential of the Kitchen and Cooking as a Therapeutic Tool with the Elderly
October 2023	Community Gerontology Department, The Max Stern Yezreel Valley College	Fieldwork supervision of students of the Community Gerontology Department, The Max Stern Yezreel Valley College	Supervision of 13 students who undertook 8 community projects in different organizations and regions in northern Israel
20 May 2023	Tel Aviv University	Lecture to scholarship recipients	Interpersonal Communication in the Third Age
5 Feb 2023	Ministry of Social Equality	Lecture to ministry director and department heads, Shefaram community center	Aging in Arab Society: Changes and Transitions
22 Jan 2023	Social workers of northern region	Lecture to social workers, Tamra municipality	Violence Against Elders: Characteristics and Ways of Coping
1 Jan 2023	Joint Israel	Lecture to Joint staff, Shefaram community center	Optimal Aging in Arab Society
Oct-Nov 2022	Ministry of Interior and local social services departments	8 lectures in different localities in Israel	Lectures on Different Aspects of Aging
7 Aug 2022	Joint Israel	Lecture to staff on Zoom	Optimal Aging in Arab Society in Israel
7 Feb 2022	Joint Israel	Lecture to professional staff as part of organization seminar for professionals, Optimal Aging of Arab Society: Disparities, Needs and Solutions	Aging in the Arab Society
2019	Beit Hagefen, Haifa for National Insurance volunteers from the entire northern region	Inservice training on multiculturalism in volunteer work	Development of program and responsibility for implementation
2018	National Insurance Institute	Course for new volunteers, Kinneret College	Lecture: Factors That Can Increase Injury and Neglect of Elders
2018	Haifa	Forum of employees of the Rehabilitation Department of the National Insurance Institute	Lecture: Aging in the Post-Modern Era

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Year	Name of Organization	Professional Activity/Project	Title
2016	Nursing home in Taibe	Lecture at opening ceremony of nursing home	Lecture: Aging in the Modern Arab in Arab Society: Changes
2016	Eshel Inservice Training School	Lectures to courses for professionals	Lecture: Intergenerational Communication in the Post-Modern Era in Arab Society
2016	National Insurance Institute	New volunteer course, Kinneret College	Lecture: Violence Against Elders: Characteristics, Detection and Means of Coping
2015	Ramat-Gan – Kfar Hamaccabiah	Prime Minister's Office	Lecture: Intergenerational Communication in Arab Society
2014-2016	National Insurance Institute and Emda	Self-help groups for family members caring for parents with Alzheimer's	Organization and performance
2014	Eshel Inservice Training School	Lecture in courses for professionals	Ageing in the Post-Modern Era
2013	National Insurance Institute	New volunteer course, Kinneret College	Lecture: Violence Against Elders: Characteristics, Detection and Treatment
2012	National Insurance Institute	New volunteer course, Kinneret College	Lecture: Interpersonal Communication in Aging for National Insurance Institute volunteers in the northern region
2012	National Insurance Institute	New volunteer course, University of Haifa	Lecture: Modernization and Aging for National Insurance Institute volunteers in the northern region
2002	Giora Yoseftal Institute - Tel Aviv	Workshop in developing a community approach	Workshop to develop a community approach among schoolteachers and principals in Druze villages in the northern region
2001	Giora Yoseftal Institute - Tel Aviv	Workshop in developing a community approach	Workshop to develop a community approach among young adults and teachers from Tamra. 32 hours

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Year	Name of Organization	Professional Activity/Project	Title
2001	Giora Yoseftal Institute - Tel Aviv	Workshop in developing a community approach	Workshop to develop a community approach among young adults and community activists from Haifa. 32 hours
1997	Daburya Nursing Home	Lecture to professional staff	Interpersonal communication in senior years, characteristics and response
1990-	National Insurance Institute	Development and facilitation of professional team - staff and volunteers.	Director and supervisor
1985-1987	University of Haifa	Development and facilitation of workshops on job-seeking skills for students	Group facilitator

f. Organizing and Conducting Mini-Seminars

Year	Name of Organization	Professional Activity/Project	Title
April 2024	Jerusalem Municipality, Social Services Division	Mini-seminar	Old Age in a Post-Modern Era in Arab Society in Israel
12 Sept 2022	The Max Stern Yezreel Valley College	Mini-seminar	The Sequence of Services for Optimal Aging in the Community
13 Jun 2022	The Max Stern Yezreel Valley College	Mini-seminar: The Challenge of Family Member Caregivers	Aging in the Postmodern Era
2019	Galilee Association of Research and Planning	Mini-seminar	Loneliness Among Elders in Arab Society
2019	National Insurance Institute	Mini-seminar for staff of National Insurance employees in Nazareth region	Violence Against Elders: Characteristics and Detection
2018	Eshel	Mini-seminar at day center in Shefaram	Agism as a Phenomenon that Promotes Injury and Neglect of Elders
2017	National Insurance Institute	Mini-seminar for retirees from Nof Hagalil	Continuity and voluntarism as a means of healthy aging

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Year	Name of Organization	Professional Activity/Project	Title
2016	Tel Hai College	Mini-seminar for employees of the Prime Minister's Office, Kfar Maccabiah	Intergenerational Communication Among Migrants Families
2015	National Insurance Institute	Mini-seminar for volunteers	Increasing Multicultural Sensitivity and Familiarity
2014	National Insurance Institute	Mini-seminar for professional employees in the northern region	Volunteer Work of Elders as an Effective Tool for Both Community and Elders
2014	School of Social Work, Tzefat	Mini-seminar	Aging from a Multicultural Perspective
2014	National Insurance Institute	Mini-seminar for employees of National Insurance Institute, northern region	Assertiveness and the Theory of Interviewing
2014	National Insurance Institute	Mini-seminar	Interpersonal Communication and Assertiveness in Reception
2013	National Insurance Institute	Mini-seminar	Continuity and Involvement of Elders as an Effective Tool for Improving Quality of Life
2013	National Insurance Institute	Mini-seminar for social workers in the northern region	Objective and Subjective Meaning of Care of Elders in the Post-Modern Era
2012	National Insurance Institute	Mini-seminar at biannual conference of the El Galil Association	Being Elderly and Ageing in Arab Society: Characteristics, Problems and Ways of Coping
2012	National Insurance Institute	Mini-seminar	The Importance of Utilizing Rights Among Elders and Their Families
2011	Eshel Senior Day Center in Ussifiya Village	Mini-seminar for community activists and professionals	Aging and Modernization
2010	Eshel In-Service Training Center at Tel Hashomer Hospital	Mini-seminar	Violence Against Elders: Characteristics, Detection and Treatment

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Year	Name of Organization	Professional Activity/Project	Title
2002	Hebrew University Jerusalem	Mini-seminar	Structural and Interactional Characteristics of Support Networks of Elders Who Suffer Injury
2000	Mul Hanof Nursing Home, Yarqa	Mini-seminar	Violence against Elders in Arab Society: Characteristics and Response
1999	Nazareth Health Fund	Mini-seminar	Loneliness and Intergenerational Communication in the Postmodern Era
1999	St. Francis Nursing Home, Nazareth	Mini-seminar	Agism: Characteristics and Side Effects
1998	Upper Nazareth Nursing Home	Mini-seminar	Aging in the Postmodern Age: Characteristics and Side Effects
1996	Social Services Department, Shefaram	Mini-seminar	Violence against elders, detection and treatment
1995	Day center for elders in Shefaram	Mini-seminar for professional staff and relatives	Who Cares for the Caregivers

g. Steering and Executive Committees

Membership and development of steering committees and executive committees

Year	Name of Organization	Professional Activity/Project	Title and Specific Contribution
2015-2017	National Insurance Institute and Joint Eshel	Professional activities for retirees	Committee member (professional contribution to the development and implementation of the mix of services for retirees)
2015-2016	National Insurance Institute, Ministry of Welfare, Association for Elders in the City of Shefaram	Development of programs and tools to detect and treat elders who suffer violence and injury	Steering Committee member (professional and practical contribution to developing a list of criteria and signs for detection of abused elders and those at risk of abuse)

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Year	Name of Organization	Professional Activity/Project	Title and Specific Contribution
2012 - present	Ministry of Social Services, Eshel, Ministry of Health, health funds, and National Insurance Institute	Development of activities and programs for detecting and preventing violence and abuse against elders	Committee member (contribution to construction of an instrument – a questionnaire – for detecting elders at risk of abuse)
1990-	Hachva Association for the elderly, Nazareth	Steering Committee; Executive Committee	Committee member (professional support and consultation regarding the activities of the Association)
1990-2005	Daburya Nursing Home	Steering Committee; Executive Committee	Committee member (professional support and consultation regarding the activity of the day center and nursing home in the Daburya village)
1987-2010	Hachva Association for the seeing impaired, Nazareth	Executive committee	Committee member (contribution to planning and implementation of activities for blind children in the northern region)

h. Media interviews

Interviews in the media on subjects in the field of gerontology and social issues

Year	Name of Organization	Professional Activity/Project	Title
20 Sept 2022	Ynet	Interviewed by Dalia Mazor	Becoming Retired
20 Jan 2022	Zman Israel website	Interviewed by the journalist Omer Sharvit	Elders During COVID in Israel
2 Jan 2022	Reshet B Radio	Interviewed by the journalist Liat Regev	Loneliness among Elderly People in Israel
2021	Kan Radio	Guest interviewee	Loneliness among Elders During COVID
2021	Galei Zahal radio station	Guest interviewee	Elders in the Shadow of COVID
21 Nov 2021	<i>Marker</i>	Interviewee for preparation article	Misery and a Professional Worldview
25 Oct 2021	<i>Haaretz</i>	Interview for preparation of article, Joint article with Chen Arieli, Deputy Mayor of Tel-Aviv-Yaffo	Poverty is Not a Statistic, But People

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Year	Name of Organization	Professional Activity/Project	Title
5 Oct 2021	<i>Marker</i>	Interviewee for preparation article	Poverty and Loneliness Among Elders Are Fatal Diseases
25 Aug 2021	<i>Globes</i>	Interviewee for preparation article	Neglect of Elders by the State During the Different Shutdowns
2019	Kol Yisrael in Arabic	Guest interviewee on radio show	Subject: Aging and Technology
2019	Channel 33	Guest interviewee on television show	Loneliness Among Elders in the Post-Modern Era
2018	Mikan Channel (Israel in Arabic)	Guest interviewee on television show	Intergenerational Communication
2017	Shams Radio	Guest interviewee	Poverty among Elders in the Post-Modern Era
2016	Al Shams Radio	Guest interviewee	Aging in the post-modern era
2015	Al Shams Radio	Guest interviewee	Subject: aging in the post-modern era
2015	Musawa Channel in Arabic	Guest interviewee on television program	Violence against elders in Arab society

i. Projects

Management and participation of regional projects

Year	Name of Organization	Professional Activity/Project	Title
2018	National Insurance Institute	Opening of new service center in the Old City of Nazareth with a staff of approx. 20 volunteers who deal with increasing utilization of rights among elders living in the Old City by providing home visits, counseling, and other community activity	Director and Supervisor
2018	Tel Hai College	Conducting a needs survey among elders and examining of functioning of the informal network of elders residing in the Old City (Nazareth Market)	Researcher
2017	National Insurance Institute	Creation of a multicultural ODT staff	Planning and operation

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Year	Name of Organization	Professional Activity/Project	Title
2016-2019	National Insurance Institute	Creating regular contact with 100-year-olds in the northern region, distribution of certificates to elders and examination of the level of utilization of rights	Director and Supervisor
2016-2018	Center for Democracy and Multiculturalism	Deepening familiarity by means of art, learning spoken Arabic in Jewish-Arab pairs, a book fair, lectures on multiculturalism, discrimination, etc.	Development of program and monitoring implementation
2016	National Insurance Institute	Opening of service centers in three new places (Sachnin, Arabe and Dir Hana) with a staff of approx. 30 local volunteers. The volunteers promote improvement of the quality of life of elders and increased utilization of rights by providing personal counseling, home visits, counseling and other community activity	Director and Supervisor
1990-2023	National Insurance Institute	Development and facilitation of "Information Days" on diverse topics, such as community rights and services; retirement and others.	Director and supervisor of volunteers
1990-2023	National Insurance Institute	Counseling services for elderly people	Director
1990-1997	Nazareth Municipality Social Services Department	Organization of "Vacation week" for blind children	Community consultant & organizer
1989-2000	Nazareth Municipality Social Services Department	Organization of "vacation week" for lonely elderly	Community social worker
1988-1990	Nazareth Municipality Social Services Department	Preparing a work plan and building a steering committee to establish a day center for the elderly in Nazareth	Community social worker

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Year	Name of Organization	Professional Activity/Project	Title
1987-1990	Nazareth Municipality Social Services Department	Community social worker Development of activities and projects and facilitation with youth, elderly, blind people and other groups; Development of social clubs for elderly in several neighborhoods of Nazareth	Community social worker; Member of Steering Committee
1987-1990	Nazareth Municipality Social Services Department	Development of social clubs for elderly people in several Nazareth neighborhoods	Community social worker
1990-2023	National Insurance Institute	Occupational center for blind elders "Cruiser Repairs" at homes of elderly citizens	Community consultant & organizer

j. Consultation

Based on my innovative research and extensive experience as a social worker in the field of elders, I have consulted in numerous, diverse settings.

Professional consultation

Throughout my career as a social worker focusing on the Arab community, in general, and elders, in particular, I provided consultation to local social service departments as well as the major organizations that promote care for elders. In addition, my professional work also included consultation for private and public organizations and academic and professional training programs in gerontology and community work.

In 2022, I founded a Multidisciplinary Center on Aging, a private business that focuses on five main areas for the promotion of quality of life of elders in the region: (a) guiding and counseling elders and their caregiving relatives; (b) consultation and training of professionals (social workers, psychologists and others); (c) provision of caregivers for elders entitled under the National Insurance Institution Long-Term Care regulations; (d) research on aging; and (e) in-service training for professionals in the field of aging.

The staff of the Center includes professionals in relevant fields (administration, social work, nursing, gerontology and others).

The Center is developing gradually. It is already providing services in the first four fields listed above.

Consultation on a volunteer basis

Over the years I have provided consultation and lectures on a volunteer (unpaid) basis to numerous organizations and programs in the community devoted to caring for elders, based on my extensive knowledge and experience.

11. Contribution to the Community

In addition to my professional work, over the past 35 years I have also volunteered in many organizations in the region. In addition to the list in Section (g) above (Steering and Executive Committees), I am also a member of:

The Ministry of Housing committee on the subject of construction in an aging society

The Joint-Eshel Committee on Optimal Aging

Association for Elders in several communities in the northern region (Nazareth, Shefaram, Nof Hagalil and others)

Eshel Round Table on Aging in Arab Society

Steering Committee on professional activities to reduce loneliness, in cooperation with the Tel Aviv-Yaffo Municipality

My involvement in all these committees in voluntary and unpaid.

PUBLICATIONS

A. Ph.D. Dissertation

1. *Interactional and functional characteristics of informal social support networks of Arab elders in Israel who suffer abuse*. 2000. Hebrew. School of Social Work, Hebrew University Jerusalem. Supervisor: Professor Howard Litwan.

D. Articles in Refereed Journals

Published

1. Litwan, H. & Zoabi, S. (2004). A multivariate examination of explanations for the occurrence of elder abuse. *Social Work Research*, 28(3), 133-142. 5-year impact factor 1.9
2. Litwan, H. & Zoabi, S. (2003). Modernization and elder abuse in an Arab Israeli context. *Research on Aging*, 25(3), 224-246. 5-year impact factor 2.5
3. Sharon, N. & Zoabi, S. (1997). Elder abuse in a land of tradition: The case of Israel's Arab. *Journal of Elder Abuse and Neglect*, 8(4), 43-57. 5-year impact factor 3.3

E. Articles or Chapters in Scientific Books (which are

not Conference Proceedings)

Published

1. Zoabi, S. (2019). Abuse of elderly people in the Palestinian society in Israel: Social, economic, and family-related factors. In M. Haj-Yahia (ed.), *Mental health and Palestinian citizens in Israel*. Indiana University Press.
2. Zoabi, S. (2005). Poverty among Arab elders in Israel. In Y. Brick (ed.), *Poverty and aging*. Hakibbutz Hameuchad. (Hebrew)

I. Other Publications

1. Zoabi, S. (2011). Social and family support in traditional societies such as Arab culture. *Hagil Hahadash*, 9, 14-16.

J. Position Papers

1. **Zoabi, S.** (2021). Position paper 11/2021. *Don't go backwards: The COVID crisis as an opportunity for deep change in welfare policy in Israel*. Head, Social Services Group on the Expert Team, Hebrew University, Jerusalem. (Hebrew)
2. **Zoabi, S.** (2021). Position paper 10/2021. The story of Shmuel: Background on what happened to the elder Shmuel because of COVID. Expert team, Hebrew University, Jerusalem. (Hebrew)
3. **Zoabi, S.** (2021). Position paper 3/2021. The elderly public in Israel in the shadow of COVID: Main problems and means of responding. Expert team, Hebrew University, Jerusalem. (Hebrew)
4. **Zoabi, S.** (2020). Position paper 10/2020. The elders suffered severely, mentally and socially during the COVID period. Expert team, Hebrew University, Jerusalem. (Hebrew)

K. Articles in Preparation

1. **Zoabi, S.** The life conditions of elderly people in older neighborhoods in Israel, such as the Old City of Nazareth and the Hadar neighborhood of Haifa.
2. **Zoabi, S.** Health-related, functional, social and emotional changes among self-sufficient, active and healthy elderly people in the COVID- 19 period.

Summary of My Activities and Future Plans

I am a researcher and lecturer in the field of aging and a professional social worker (PhD in social work). Over the past thirty years, I have taught and worked in numerous academic and professional frameworks in Israel. Since 1990, I have been director of advisory services for senior citizens and their families at the National Insurance Institute, Nazareth region. I focus my activities on promotion of the quality of life of elderly people in the northern district.

In the course of my work, I identified the issue of elder abuse that had not yet been dealt with in Israel in general and Arab society in particular. I decided to examine the subject through a doctoral thesis which was published in 2000 and was a breakthrough in the field (a study in Israel conducted by Prof. Lowenstein and others was published in 2005). This research was a breakthrough and from then until today I work a lot to raise awareness of the issue of elder abuse.

Since 2005, I have been employed as a lecturer in the Social Work Department at Tel Hai College, Kiryat Shmona, and concentrated my research efforts on violence towards elderly people and poverty among senior citizens.

Throughout my career, I have also worked in additional positions at other institutions, such as the University of Haifa, the Eshel Professional Training Center, and others, concentrating

on research and instruction regarding aging.

I am presently working on the preparation of articles about the social network of Jewish and Arab elderly people in older neighborhoods (in Nazareth and the Hadar neighborhood of Haifa) and on the characteristics of elderly Arab people in East Jerusalem and the surrounding area.

In my work at the Max Stern Yezreel Valley College, I see the master's degree program in community gerontology as an important pillar for the professional formation of people who work or want to work with the elderly population. The development of the gerontological counseling profession and its implementation in the field is both an academic and professional challenge. I would like to contribute to the professionalization of the students in the program by providing knowledge and practical tools from my community perspective and my extensive experience.

My specific plans for the future can be divided into three main areas.

First, I plan to further my involvement research of gerontology and aging.

Second, as a member of the core team in the Department of Community Gerontology at the Max Stern Yezreel Valley College, I plan to continue to focus efforts on developing the department, with the aim of improving the services provided to elders in our region.

Finally, as noted above, I recently founded the Multidisciplinary Center on Aging. The center focuses on five main areas for the promotion of quality of life of elders in the region: (a) guiding and counseling elders and their caregiving relatives; (b) consultation and training of professionals (social workers, psychologists and others); (c) provision of caregivers for elders entitled under the National Insurance Institution Long-Term Care regulations; (d) research on aging; and (e) in-service training for professionals in the field of aging. In the coming years, I plan to further develop the center and its staff.